



## Transition & Education

# Resource Guide

2023–24

*Inspire • Learn • Think • Explore • Trust • Ask • Challenge • Volunteer • Relax • Motivate • Love • Work Hard • Keep Trying • Dance • Sing • Play • Help • Dream • Envision • Achieve • Succeed • Be Supportive • Shine • Discover • Invent • Imagine • Practice • Laugh • Have Courage • Begin • Commit • Endure • Focus • Fulfill • Honor • Be Kind • Overcome • Persevere • Be Humble • Prioritize • Value • Accomplish • Be Positive • Achieve • Conquer • Act • Enjoy • Appreciate • Believe • Attain • Have Goals • Celebrate • Lead • Be Strong • Hope • Plan • Organize • Grow • Excel • Concentrate • Inspire • Learn • Think • Explore • Trust • Ask • Challenge • Volunteer • Relax • Motivate • Love • Shine • Discover • Invent • Imagine • Practice • Laugh • Have Courage • Begin • Commit • Endure • Focus • Fulfill •*



## This resource guide belongs to:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Student No.: \_\_\_\_\_

**David W. Gordon**  
County Superintendent



Foster Youth Services  
Coordinating Program  
10474 Mather Boulevard  
Mather, CA 95655-4116  
P.O. Box 269003  
Sacramento, CA 95826-9003

[www.scoe.net](http://www.scoe.net)

Rev. 09/23



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# 2023

June						
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January 1 - New Year's Day; January 16 - Martin Luther King, Jr. Day; February 12 - Lincoln's Day; February 20 - Presidents' Day; February 29 - Memorial Day; July 4 - Independence Day; September 4 - Labor Day; November 11 - Veterans Day; November 23 - Thanksgiving Day; December 25 - Christmas Day

# 2024

June						
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April						
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March						
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February						
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January						
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December						
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November						
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October						
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September						
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August						
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July						
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30	31					

January 1 - New Year's Day; January 15 - Martin Luther King, Jr. Day; February 12 - Lincoln's Day; February 19 - Presidents' Day; February 27 - Memorial Day; July 4 - Independence Day; September 2 - Labor Day; November 11 - Veterans Day; November 28 - Thanksgiving Day; December 25 - Christmas Day

## 2023–24 Traditional Calendar of Student Days: School Districts Within Sacramento County

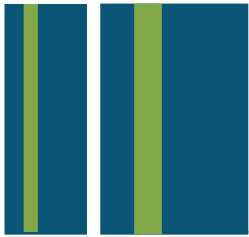
Staff development, in-service, minimum, and other non-instructional days vary by school and are not always shown. Information is provided by individual districts and is accurate at the time of publishing. Please contact individual districts for additional information and date verification.

District/Phone	Start of School	Labor Day	Veterans Day	Thanksgiving	Winter Break	MLK, Jr. Day	Lincoln's Day	Washington's Day	Spring Break	Memorial Day	School Ends
<b>Arco Union (K–8)</b> (209) 748-2313 • AUESD Calendar	8/10	9/4	11/10	11/20–11/24	12/22–1/5	1/15	2/12	2/19	3/25–4/1	5/27	5/31
	Additional dates: all Wednesdays are minimum days (1:30 p.m. dismissal); 9/27, 3/13 non-student days; 11/13–11/17 Parent/Teacher Conferences (12:30 p.m. dismissal).										
<b>Center Joint Unified (K–12)</b> (916) 338-6330 • CJUSD Calendar	8/7	9/4	11/10	11/20–11/24	12/22–1/1	1/15	2/12	2/19	3/25–4/1	5/27	5/30
	Additional dates: 10/2–10/6 Fall Recess. District has modified or year-round calendars for some schools. Please contact the district for further information.										
<b>Elk Grove Unified (K–12)</b> (916) 686-7700 • EGUSD Calendar	8/10	9/4	11/10	11/20–11/24	12/18–1/1	1/15	2/12	2/19	3/11–3/15	5/27	5/24
	District has modified or year-round calendars for some schools. Please contact the district for further information.										
<b>Elverta Joint (K–8)</b> (916) 991-2244 • EIESD Calendar	8/10	9/4	11/10	11/20–11/24	12/25–1/5	1/15	2/16	2/19	3/25–3/29	5/27	5/30
	Additional dates: 10/10–10/11 Fall recess; all Mondays minimum days (1 p.m. dismissal); 12/16 minimum day; 1/3 non-student day/teacher in-service day; 3/13–3/17 conferences/minimum days. District also has modified or year-round calendars for some schools. Please contact the district for further information.										
<b>Folsom Cordova Unified (K–12)</b> (916) 294-9000 • FCUSD Calendar	8/8	9/4	11/10	11/20–11/24	12/18–1/1	1/15	2/20	2/19	3/25–3/29	5/27	5/23
	Additional dates: 10/5–10/9 Fall Break. Mondays are minimum days (1 p.m. dismissal). District has modified or year-round calendars for some schools. Please contact the district for further information.										
<b>Galt Joint Union (K–8 Elementary)</b> (209) 744-4545 • GJUESD Calendar	8/17	9/4	11/10	11/20–11/24	12/22–1/5	1/15	2/12	2/19	3/25–4/1	5/27	6/7
	Additional dates: 10/12–10/13 Professional Development days; non-student days. 10/16–10/20, 11/30–12/1 Early Dismissal for Parent Conference/Academic Progress days. 11/3, 12/21 and 3/1 Early Dismissal/Minimum Days.										
<b>Galt Joint Union High (9–12)</b> (209) 745-3061 • GJUHSD Calendar	8/9	9/4	11/10	11/20–11/24	12/22–1/5	1/15	2/12	2/19	3/25–4/1	5/27	6/4
	Additional dates: 10/12–10/13 First Quarter Break; 3/13–3/15 Third Quarter Break; 4/25–4/26 Fourth Quarter Break.										
<b>Natomas Unified (K–12)</b> (916) 567-5400 • NUSD Calendar	8/10	9/4	11/10	11/20–11/24	12/22–1/5	1/15	2/12	2/19	4/1–4/5	5/27	5/24
	Additional dates: 10/9 non-student day, 12/21 and 5/24 minimum days. Elementary has 5 minimum days for Parent/Teacher Conferences, dates vary by school. 12/19–12/20 and 5/22–5/23 Minimum days for Middle and High Schools.										
<b>River Delta Unified (K–12)</b> (707) 374-1700 • RDUSD Calendar	8/9	9/4	11/10	11/20–11/24	12/18–1/5	1/15	2/12	2/19	3/25–4/1	5/27	6/7
	Additional dates: 10/9–10/13 Parent Conference, non-student days; 11/1 and 4/26 non-student days.										
<b>Robla (K–6)</b> (916) 649-5248 • RUSD Calendar	8/14	9/4	11/10	11/20–11/24	12/18–1/1	1/15	2/16	2/19	3/25–4/5	5/27	6/13
	Additional dates: 10/9–10/13 Fall Break; 11/1 and 3/4 non-student days. Thursdays are early release days.										
<b>Sacramento City Unified (K–12)</b> (916) 643-7400 • SCUSD Calendar	8/31	9/4	11/10	11/20–11/24	12/25–1/5	1/15	2/12	2/19	3/25–3/29	5/27	6/13
	Additional dates: 10/2, and 11/9 non-student days.										
<b>San Juan Unified (K–12)</b> (916) 971-7700 • San Juan Calendar	8/10	9/4	11/10	11/20–11/24	12/22–1/8	1/15	2/20	2/19	3/25–3/29	5/27	6/4
	Additional dates: 10/2, and 11/9 non-student days.										
<b>Twin Rivers Unified (K–12)</b> (916) 566-1600 • TRUSD Calendar	8/17	9/4	11/10	11/20–11/24	12/22–1/5	1/15	2/16	2/19	3/25–4/1	5/27	6/5
	Additional dates: 11/16–17 non-student days. All students released 2 hours early every Wednesday.										
<b>Sacramento County Office of Education</b> (916) 228-2500	Varies by Prog.	9/4	11/10	11/22–11/24	12/25–1/1	1/15	2/12	2/19	Varies by Prog.	5/27	Varies by Prog.



Sacramento County Office of Education • Administration/Communications  
10474 Mather Boulevard • P.O. Box 269003 • Sacramento, CA 95826-9003 • Voice: (916) 228-2417 • Fax: (916) 228-3917

Class of: \_\_\_\_\_



# My 411

## Personal Information

Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Age: \_\_\_\_\_

Birthday: \_\_\_\_\_

My Cell: \_\_\_\_\_

Email: \_\_\_\_\_

FP Name: \_\_\_\_\_

Contact #: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Co SW Name: \_\_\_\_\_

Contact #: \_\_\_\_\_

FFA/Grp HM: \_\_\_\_\_

FFA SW & #: \_\_\_\_\_

CASA/Attorney: \_\_\_\_\_

Other (coach, therapist, P.O.): \_\_\_\_\_

School Counselor: \_\_\_\_\_

VP: \_\_\_\_\_

ICM: \_\_\_\_\_





# My Learning Style

## Learning Style Survey

**Directions:** Take the survey below.

	Often	Sometimes	Seldom
1. Can remember more about a subject through lectures that include information, explanations and discussion			
2. Prefer information to be written on the board and the use of visual aids and assigned reading			
3. Like to write things down or take notes for visual review			
4. Prefer to use posters, models, practice and some class activities			
5. Require explanations of diagrams, graphs or visual directions			
6. Enjoy working with my hands or making things			
7. Am skillful with and enjoy developing and making graphs and charts			
8. Can tell if sounds match when presented in pairs of sounds			
9. Remember best by writing things down several times			
10. Can understand and follow directions on maps			
11. Do better at academic subjects by listening to lectures and tapes			
12. Play with coins or keys in my pockets			
13. Learn to spell better by repeating the words out loud than by writing the word on paper			
14. Can better understand a news article by reading about it in the paper than by listening to it on the radio			
15. Chew gum or snack during studying			
16. Feel the best way to remember is to picture it in my head			
17. Learn spelling by "finger spelling" words			
18. Would rather listen to a good lecture or speech than read about the same material in a textbook			
19. Am good at working and solving jigsaw puzzles and mazes			
20. Grip objects in hands during learning period			
21. Prefer listening to the news on the radio rather than reading about it in the paper			
22. Obtain information on an interesting subject by reading relevant materials			
23. Feel very comfortable touching others, hugging, handshaking, etc.			
24. Follow oral directions better than written ones			



# My Learning Style

## Scoring Sheet

**Directions:** Place the point value on the line next to the corresponding item. Add the points in each column to obtain the preference scores under each heading.

Often = 5 Points • Sometimes = 3 Points • Seldom = 1 point

Visual		Auditory		Tactile	
2		1		4	
3		5		6	
7		8		9	
10		11		12	
14		13		15	
16		18		17	
19		21		20	
22		24		23	
VPS		APS		TPS	

VPS = Visual Preference Score

APS = Auditory Preference Score

TPS = Tactile Preference Score

**Visual Learner:** Studies materials by looking at them! Use charts, maps, films, notes and flashcards. Practice visualizing or picturing words/concepts in your head. Write out EVERYTHING for frequent and quick visual review.

**Auditory Learner:** Studies through listening to taped lectures. Taping lectures will also help you fill in any gaps you have in your notes. Listen and take notes, review notes frequently. Sit in a seat where you can hear well. After you have read something summarize it and recite it out loud. Tell someone what you have learned.

**Tactile Learner:** Uses fingers as you are reading. Facts that must be learned should be written several times. Taking and keeping lecture notes is important as well as making study sheets.

# My Learning Style

## Scoring Results

Learning Style Survey Score:

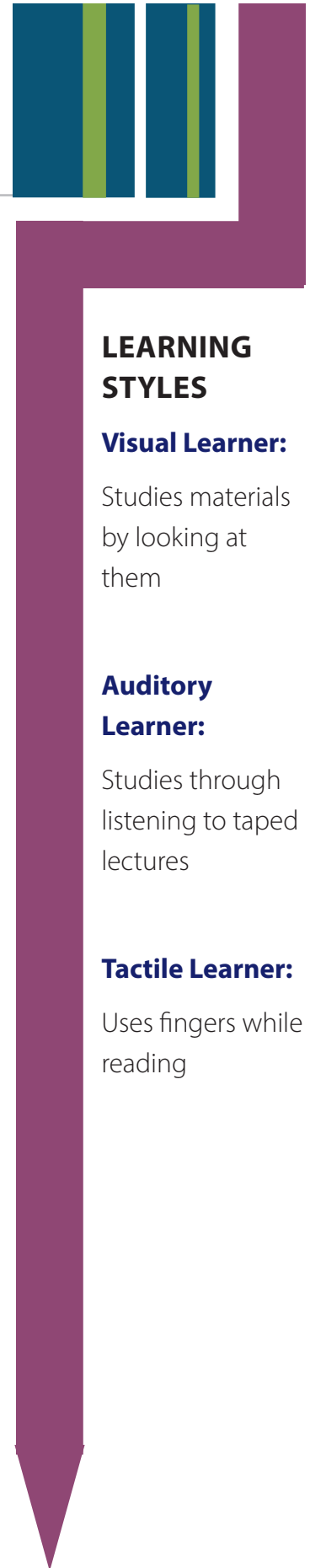
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Learning Style Survey - Date Taken:

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My Learning Style:

---



### LEARNING STYLES

#### Visual Learner:

Studies materials by looking at them

#### Auditory Learner:

Studies through listening to taped lectures

#### Tactile Learner:

Uses fingers while reading

# Grade Point Average (GPA)

“The beautiful thing about learning is that no one can take it away from you.”

B.B. King  
American blues singer,  
songwriter and guitarist.

## Directions:

**Step 1:** Get a copy of your grades.

**Step 2:** Assign a point value to each grade using this scale; then add them up.

A = 4

B = 3

C = 2

D = 1

F = 0

**Step 3:** Once you have your total Points, divide it by your number of classes.

## Example:

#	Course	Grade	Points	Steps
1	English	A-	4	Total Grade Points ÷ Number of Classes = GPA
2	Math	B	3	
3	Science	C	2	
4	History	D+	1	
5	P.E.	C	2	
6	Drafting	A	4	
Total			16	

**Your GPA is:**

$$16 \div 6 = 2.66$$

# Graduation Requirements

Please note this is a sample of possible district graduation requirements. Districts vary between 220 and 230 completed credits in order to graduate. Each district may require other requirements such as a senior project or number of community service hours. Please check with your school's counselor for specific credits/requirements required to graduate.

Requirement	Credit Req.	Credit Earned	Met (x)	Course	Grade	Year Taken
1. English 9	10					
2. English 10	10					
3. English 11	10					
4. English 12	10					
5. Math (inc. Alg. 1)	10					
6. Math (inc. Alg. 1)	10					
7. Math (inc. Alg. 1)	10					
8. Physical Ed.	10					
9. Physical Ed.	10					
10. World History	10					
11. US History	10					
12. Economics	5					
13. Government	5					
14. Fine Arts or Wld Lang.	10					
15. Technology	10					
16. Health	5					
17. Driver Ed.	5					
18. Physical Science	10					
19. Biological Science	10					
20. Elective	10					
21. Elective	10					
22. Elective	10					
23. Elective	10					
24. Elective	10					
Total:	220					



# A-G Requirements for College

**A** **History**  
2 Years Required



**B** **English**  
4 Years Required



**C** **Mathematics**  
3 Years Required  
4 Years Recommended



**D** **Laboratory Science**  
2 Years Required  
3 Years Recommended



**E** **Foreign Language**  
2 Years Required  
3 Years Recommended



**F** **Visual and Performing Arts**  
1 Year Required



**G** **College Prep Elective**  
1 Year Required



# Graduation Requirements

## California Department of Education



Courses required for graduation and university admission. The California Education Code (EC) establishes a minimum set of requirements for graduation from California high schools. The requirements should be viewed as minimums and support regulations established by local governing boards. The University of California (UC) and the California State University (CSU) systems have established a uniform minimum set of courses required for admission as a freshman. The UC maintains public “a-g” course lists (<https://hs-articulation.ucop.edu/agcourselist>) that provide complete information about the high school courses approved for admission to the university. In addition to the required courses, California public universities have other requirements (<https://admission.universityofcalifornia.edu/freshman/requirements/>) for admission as a freshman.

High School Subject Area	State Mandated Requirements* (EC 51225.3) for High School Graduation	UC Requirements for Freshman Admissions	CSU Requirements for Freshman Admissions
English	Three Years	Four years of approved courses	Four years of approved courses
Mathematics	Two years, including Algebra I	Three years, including algebra, geometry and intermediate algebra Four years recommended	Three years, including algebra, intermediate algebra and geometry
Social Studies/Science	Three years of history/social studies, including one year of U.S. history, culture and geography; one semester of American government and civics, and one semester of economics	Two years of history/social science, including one year of U.S. history or one-half year of civics or American government; and one year of world history, cultures and geography	Two years, including one year of U.S. history or U.S. history and government and one year of other approved social science
Science	Two years, including biological and physical sciences	Two years with lab required, chosen from biology, chemistry and physics Three years recommended	Two years, including one year of biological and one year of physical science with lab
Foreign Language	One year of either visual and performing arts, foreign language or career technical education**	Two years in same language required Three years recommended	Two years in same language required
Visual and Performing Arts	One year of either visual and performing arts, foreign language or career technical education**	One year of visual and performing arts chosen from the following: dance, drama/theater, music or visual art	One year of visual and performing arts chosen from the following: dance, drama/theater, music or visual art
Physical Education	Two years	Not Applicable	Not Applicable
Electives	Not Applicable	One year**	One year**
Total	13	15 (7 in the last two years of high school)	15

\* Beginning in 2005–06, all students must pass the California High School Exit Examination prior to graduation, in addition to meeting course requirements.

Beginning in 2009–10, EC Section 60852.3 provides an exemption from meeting the CAHSEE requirement as a condition of receiving a diploma of graduation for eligible students with disabilities who have an individualized education program (IEP) or a Section 504 plan.

Beginning January 1, 2010, students in foster care who transfer to a new school while in grades 11 or 12 may be able to graduate from high school without meeting the local graduation requirements that exceed the state minimum course requirements. In these cases, the district would need to conclude that the student would not reasonably be able to complete the additional local graduation requirements during the student’s remaining time in high school. See [CDE Foster Youth Resources](https://www.cde.ca.gov/ls/pf/fy/resources.asp) (<https://www.cde.ca.gov/ls/pf/fy/resources.asp>) for additional information.

\*\* Beginning with the 2012–13 school year (sunsets with the 2017–18 school year), EC Section 51225.3 provides that a district may choose to adopt a career technical education course as an optional high school graduation requirement. For more information about this requirement, see our [Frequently Asked Questions](https://www.cde.ca.gov/ci/gs/hs/hsgfaq.asp) (<https://www.cde.ca.gov/ci/gs/hs/hsgfaq.asp>) page.

\*\*\* Must be chosen from approved academic courses in history/social science, English, advanced mathematics, lab science, foreign language, social science, or visual and performing arts. See UC’s public “a-g” course lists (<https://hs-articulation.ucop.edu/agcourselist>) for approved courses at your high school.

Questions: High School Innovations and Initiatives Office | 916-319-0893 | <https://www.cde.ca.gov/ci/gs/hs/hsgfaq.asp>

Last Reviewed: Wednesday, October 27, 2021

# High School Equivalency Options

GED® Test, HiSET, and TASC



## General Educational Development Test - The GED

<https://ged.com>

## High School Equivalency Test - HiSET

<http://hiset.ets.org/>

## Test Assessing Secondary Completion - TASC

<https://tasctest.com/>

California offers a fourth option:

## The California High School Proficiency Examination (CHSPE)

<https://www.chspe.org/>

The three most common examinations used to determine high school equivalency are the General Educational Development (GED®) test, the High School Equivalency Test (HiSET), and the Test Assessing Secondary Completion (TASC). State adult education programs typically promote and endorse one or more of these approaches and offer a high school equivalency diploma that is officially sanctioned by the state in policy or law. The National Adult Education Professional Development Consortium (NAEPDC), a consortium of state directors of adult education, has developed a state-by-state listing of the HSE tests endorsed by each state. In addition, an enhanced state-by-state HSE matrix is included in this Guide with hyperlinks directly to state HSE websites.

A High School Equivalency Resource Guide is available. The guide was developed by the U.S. Department of Labor to provide current information and resources about the options for high school equivalency. The **High School Equivalency Resource Guide for the Workforce System** provides basic information about High School Equivalency to support those working with youth who do not have high school diplomas. The guide outlines the various options for obtaining an HSE credential, including information about how to understand test results, available accommodations for disabled test-takers and links to information regarding tests accepted in California beyond the GED.

### Web link:

<https://www.cde.ca.gov/ta/tg/gd/>



# Test Support Strategies

## Preparing for Testing

- Note test dates on your home calendar and schedule appointments on non-testing dates
- Take responsibility for homework and studying
- Ask your parent or teacher to show you how to find information on your own
- Ask questions at home and in class
- If you need help, go in before or after class to meet with your teacher
- Ask your teacher for weekly progress reports
- Gather available test preparation materials

## Testing Day

- Make sure you are well rested
- Eat a good breakfast
- Get to school early so you are not rushed
- Do not go to school if you are sick
- Do not leave school to go to an appointment
- Do your best work possible

## After Testing

- Look over your test results
- Determine your areas of strength and weakness
- Talk to your teacher about how you can improve

## Test Anxiety

You may experience anxiety about tests, especially before a testing situation. A certain degree of test anxiety is normal and may help you prepare more efficiently, work more efficiently and remain focused during testing. Too much anxiety, however, can negatively affect performance.

The following strategies may assist you in reducing test anxiety:

- Discuss the test with your teacher, parents and classmates
- Make sure you are prepared
- Realize that the test is only one measure of academic performance and does not determine your worth as a person

# What Can I Do to Improve My Grade?



Come to School

Start on Time

Stay on Task

Complete and Turn in Assignments

Go to Tutoring or Homework Help Club

## Other Suggestions:

- Do one extra credit assignment per term
- Read the textbook
- Take notes as the teacher speaks; not everything is in the textbook
- Do not goof off when the teacher gives you time to work on something in class
- Organize your binder with a notebook for each class
- If it is on the board, write it down
- See the teacher if you need help – before, during or after school
- Class time is for class. Do not ask about your grade, missed work, etc., until later
- Come prepared with multiple pencils, pens, paper
- Pay attention!

# Partial Credits

## Calculation

### Class Periods/Credits Per Subject

7 class periods = 0.5 credits per subject	
7-13 class periods = 0.5 credits per subject	42-48 class periods = 3.0 credits per subject
14-20 class periods = 1.0 credits per subject	49-55 class periods = 3.5 credits per subject
21-27 class periods = 1.5 credits per subject	56-62 class periods = 4.0 credits per subject
28-34 class periods = 2.0 credits per subject	63-69 class periods = 4.5 credits per subject
35-41 class periods = 2.5 credits per subject	70+ class periods = 5.0 credits per subject

### Calculation Formulas

# of Credits/ Grading Period	# of Credits Earned per 7 Class Periods Attended	Calculation Formula
5 credits	0.5 credits per subject	# of class periods attended ÷ 14 (rounded down to nearest 0.5 credit)
1 credit	0.1 credits per subject	# of class periods attended ÷ 70 (rounded down to nearest 0.1 credit)

### Calculation/Conversion Table

# of Class Periods Attended Per Subject	# of Credits (5 Credits/Grading Period)	TS Earned (1 Credit/Grading Period)
7-13	0.5 credits	0.1 credits
14-20	1.0 credits	0.2 credits
21-27	1.5 credits	0.3 credits
28-34	2.0 credits	0.4 credits
35-41	2.5 credits	0.5 credits
42-48	3.0 credits	0.6 credits
49-55	3.5 credits	0.7 credits
56-62	4.0 credits	0.8 credits
63-69	4.5 credits	0.9 credits
70+	5.0 credits	1.0 credits

[http://kids-alliance.org/wp-content/uploads/2013/12/PCM\\_WEB\\_April2014.pdf](http://kids-alliance.org/wp-content/uploads/2013/12/PCM_WEB_April2014.pdf)

Consult with your school counselor/site registrar to determine actual partial credits earned.

All foster youth have a right to partial credits for any course work that they complete. This means that if a foster youth has to leave one school in the middle of the semester, he/she has a right to 2.5 credits (an entire semester is usually 5 credits) for each class he/she is currently passing.

Calculator Tool:  
<https://www.sacfys.org/demo/FYSPartialGradeCalc.cfm>

# FOSTER YOUTH EDUCATION RIGHTS



## 1. RIGHT TO REMAIN IN YOUR SCHOOL OF ORIGIN

- You have the right to stay in the same school after you move to a new foster care placement. Your “school of origin” can be:
  1. The school you attended when you first entered foster care,
  2. The school you most recently attended, or
  3. Any school you attended in the last 15 months that you feel connected to.
- Your school district must work with you, your education rights holder,\* your caregiver, and your social worker/probation officer to develop a plan to transport you to your school of origin.
- If you are transitioning from elementary school to middle school or from middle school to high school, you have the right to transition to the same school as your classmates.
- If there is any disagreement about which school you will attend, you have the right to stay in your school of origin until the disagreement is resolved.

## 2. RIGHT TO IMMEDIATE ENROLLMENT IN SCHOOL

- You have the right to immediately enroll in your regular home school after you move placements.
- You cannot be forced to attend a continuation school or other alternative education program, such as independent study, even if you are behind in credits or have discipline problems at school.
- You have a right to immediately enroll in school and begin attending classes, even if you do not have the paperwork you would normally need for enrollment (such as birth certificate, transcript, or IEP) or you did not check-out from your previous school.
- Your previous school must send your education records to your new school after you enroll.
- You have the right to participate in any activities available at your new school, such as sports teams, tutoring, or after-school clubs, even if you miss a tryout or sign-up deadline.

## 3. RIGHT TO PARTIAL CREDITS FOR HIGH SCHOOL STUDENTS

- If you change schools during the school year, you have a right to partial credits in all classes that you are passing when you leave your old school, even if you do not complete the entire class.
- After you change schools, your new school must accept the partial credits issued by your old school.
- After you change schools, you have the right to be enrolled in the same or similar classes you were enrolled in at your last school.
- You cannot be forced to retake a class or part of a class that you have already completed with a passing grade, if it would make you off-track for high school graduation.
- You have the right to take or retake any class that you need to go to a California State University or University of California.
- Your grade cannot be lowered because you were absent from school for a court hearing, placement change, or a court-related activity.

## 4. GRADUATION RIGHTS

- You have the right to stay in high school for a fifth year to complete your school district graduation requirements, even if you are over 18.
- If you are behind on your credits, and you transferred schools after 10th grade, you may be eligible to graduate under AB 167/216 by completing only the state graduation requirements (130 credits in specific classes) instead of your school district’s requirements.
- If you are eligible, the decision of whether to graduate under AB 167/216 is made by your education rights holder.

## 5. COLLEGE RIGHTS

- You have the right to have the application fee waived when you apply to a community college in California.
- You have the right to receive the maximum amount of federal student aid and you may be eligible for up to \$5,000 per year from the Chafee scholarship.

## 6. SCHOOL DISCIPLINE RIGHTS

- You cannot be suspended for more than 5 school days in a row or for more than 20 days in a school year.
- You have a right to be told why you are being suspended and the right to provide your version of events and evidence before you are suspended, unless there is an emergency. If the behavior for which you are being suspended could subject you to criminal charges, you should consult with your education rights holder or attorney before providing an oral or written statement to the school or police.
- Your attorney and social worker must be invited to a meeting before your suspension can be extended beyond 5 days and a suspension can only be extended if you are being considered for expulsion.
- You have a right to a formal hearing, and to be represented by an attorney at that hearing, before you are expelled.
- If you are facing a possible expulsion, your attorney and social worker must be notified. If you are in special education, your attorney and social worker must be invited to a meeting to decide whether your behavior was related to your disability.

## 7. RIGHT TO YOUR SCHOOL RECORDS

- You have the right to access your school records if you are 16 years or older or have finished 10th grade.
- Your social worker/probation officer and education rights holder can access your school records as well.

## NON-EDUCATION RIGHTS

As a foster youth, you also have other rights that are not related to school, such as the right to see a doctor or to have private storage space. For more information, please see the [Foster Youth Bill of Rights \(www.fosteryouthhelp.ca.gov/rights2.html\)](http://www.fosteryouthhelp.ca.gov/rights2.html)



## \*EDUCATION RIGHTS HOLDERS

Every foster youth under age 18 must have an education rights holder, who is required to make education decisions in the youth's best interest. Foster youth who are 18 or older have the right to make their own education decisions. Your education rights holder may be your parent or legal guardian, your caregiver, or another person chosen by the court. Your education rights holder cannot be your social worker or probation officer, your attorney, or group home or school staff members. It is important to know who your education rights holder is. If you need information about who your education rights holder is, you can contact your social worker or attorney.

## If you believe your education rights have been violated,

you can file a complaint. The school has 60 days to investigate and give you a written response. For information about how to file a complaint, please visit [cde.ca.gov/re/cp/uc](http://cde.ca.gov/re/cp/uc), or call the California Dept. of Education Coordinated School Health and Safety Office at (916) 319-0914.

For more information about your education rights, please see the [Foster Youth Education Toolkit \(www.kids-alliance.org/edtoolkit\)](http://www.kids-alliance.org/edtoolkit) or the [California Youth Education Task Force \(www.cfyetf.org\)](http://www.cfyetf.org). You also can contact your school district's Foster Youth Educational Liaison or your county's Foster Youth Services Coordinating Program (FYSC) at [cde.ca.gov/ls/pf/fy](http://cde.ca.gov/ls/pf/fy).

## YOUR FOSTER YOUTH EDUCATIONAL LIAISON IS:

## AND CAN BE REACHED AT:



PRE K-12 AND BEYOND CALIFORNIA FOSTER YOUTH EDUCATION TASK FORCE

ALLIANCE   
for CHILDREN'S  
RIGHTS

**EDUCATION LIAISONS FOR FOSTER YOUTH**  
**Sacramento County**

For other county FYS liaisons, visit <http://www.cde.ca.gov/ls/pf/fy/ab490contacts.asp>

SCHOOL DISTRICT	EDUCATION LIAISON	PHONE (916)	FAX (916)	E-MAIL
Arcohe Union School District	Troy Miller	(209) 748-2313	(209) 748-5798	<a href="mailto:Miller@arcohe.net">Miller@arcohe.net</a>
Center Joint Unified School District	Ryan Miranda	338-6387	338-6383	<a href="mailto:rmiranda@centerusd.org">rmiranda@centerusd.org</a>
Elk Grove Unified School District	Maya Webb	686-7568	688-3689	<a href="mailto:mfwebb@egusd.net">mfwebb@egusd.net</a>
Elverta Joint Elem. School District	Katie Lippincott	991-2244	991-0271	<a href="mailto:KLippincott@ejesd.net">KLippincott@ejesd.net</a>
Folsom Cordova Unified School District	Iyuanna Pease	294-9000, ext. 104635	294-9020	<a href="mailto:ipease@fcusd.org">ipease@fcusd.org</a>
Galt Joint Union Elem. School District	Jane Kinner	(209) 744-5200, ext. 1501	(209) 744-4553	<a href="mailto:jkinner@galt.k12.ca.us">jkinner@galt.k12.ca.us</a>
Galt Joint Union High School District	Sonya Powaser	(209) 744-5311	(209) 745-0881	<a href="mailto:SPowaser@GHSD.k12.ca.us">SPowaser@GHSD.k12.ca.us</a>
Natomas Unified School District	Shayla Allen	206-5647	567-5413	<a href="mailto:sallen@natomasunified.org">sallen@natomasunified.org</a>
River Delta Unified School District	Jialing Chen	(707) 416-9852	(707) 374-2901	<a href="mailto:jchen@rdusd.org">jchen@rdusd.org</a>
Robla School District	Cassandra Collins	922-0202	568-7774	<a href="mailto:ccollins@robla.k12.ca.us">ccollins@robla.k12.ca.us</a>
Sacramento City Unified School District	Aliya Holmes	643-7991	399-2060	<a href="mailto:Aliya-Holmes@scusd.edu">Aliya-Holmes@scusd.edu</a>
Sacramento County Office of Education	Monica Gonzalez-Williams	228-2419	228-2676	<a href="mailto:mgonzalez@scoe.net">mgonzalez@scoe.net</a>
San Juan Unified School District	Sandra Butorac	971-7391	971-7401	<a href="mailto:sbutorac@sanjuan.edu">sbutorac@sanjuan.edu</a>
Twin Rivers Unified School District	Ana Broadbent Tiffany Hunt	566-1600, ext. 33215 566-1600, ext. 33214	566-3586	<a href="mailto:Ana.Broadbent@trusd.net">Ana.Broadbent@trusd.net</a> <a href="mailto:Tiffany.Hunt@trusd.net">Tiffany.Hunt@trusd.net</a>

## EDUCATION LIAISONS FOR FOSTER YOUTH – CHARTER SCHOOLS Sacramento County

CHARTER SCHOOL	EDUCATION LIAISON	PHONE NUMBER	FAX NUMBER	E-MAIL
American River Collegiate Academy	Jaime Pimental	(916) 778-4544, ext. 80111	(916) 626-6855	<a href="mailto:jpimental@rocklinacademy.org">jpimental@rocklinacademy.org</a>
Aspire Alexander Twilight College Preparatory Academy	Hugo Vazquez	(510) 292-5764	(916) 979-1796	<a href="mailto:Hugo.Vazquez@aspirepublicschools.org">Hugo.Vazquez@aspirepublicschools.org</a>
	Lauren Loomis	(916) 201-5982		<a href="mailto:Lauren.Loomis@aspirepublicschools.org">Lauren.Loomis@aspirepublicschools.org</a>
Aspire Alexander Twilight Secondary Academy	Hugo Vazquez	(510) 292-5764	(916) 979-1796	<a href="mailto:Hugo.Vazquez@aspirepublicschools.org">Hugo.Vazquez@aspirepublicschools.org</a>
	Lauren Loomis	(916) 201-5982		<a href="mailto:Lauren.Loomis@aspirepublicschools.org">Lauren.Loomis@aspirepublicschools.org</a>
Aspire Capitol Heights Academy	Hugo Vazquez	(510) 292-5764	(916) 979-1796	<a href="mailto:Hugo.Vazquez@aspirepublicschools.org">Hugo.Vazquez@aspirepublicschools.org</a>
	Lauren Loomis	(916) 201-5982		<a href="mailto:Lauren.Loomis@aspirepublicschools.org">Lauren.Loomis@aspirepublicschools.org</a>
California Innovative Career Academy	Kathy Sengvanhpheng	(916) 742-9019	No Fax	<a href="mailto:kathy.sengvanhpheng@hccts.org">kathy.sengvanhpheng@hccts.org</a>
California Montessori Project – Capitol Campus	Stephanie Garrettson	(916) 971-2432	(916) 971-2436	<a href="mailto:sgarrettson@cacmp.org">sgarrettson@cacmp.org</a>
California Montessori Project – Elk Grove Campus	Stephanie Garrettson	(916) 971-2432	(916) 971-2436	<a href="mailto:sgarrettson@cacmp.org">sgarrettson@cacmp.org</a>
California Montessori Project – San Juan Campus	Stephanie Garrettson	(916) 971-2432	(916) 971-2436	<a href="mailto:sgarrettson@cacmp.org">sgarrettson@cacmp.org</a>
Capitol Collegiate Academy	Ali Carrasco	(949) 923-7633	(916) 469-9735	<a href="mailto:acarrasco@capitolcollegiate.org">acarrasco@capitolcollegiate.org</a>
Community Collaborative Charter	Erik Crawford	(916) 286-5105	(916) 993-4110	<a href="mailto:Erik.Crawford@gcccharters.org">Erik.Crawford@gcccharters.org</a>
Community Outreach Academy	Erik Crawford	(916) 286-5105	(916) 993-4110	<a href="mailto:Erik.Crawford@gcccharters.org">Erik.Crawford@gcccharters.org</a>
Delta Elementary Charter	Sara McHugh	(916) 496-5374	(916) 744-1246	<a href="mailto:smchugh@rivercharterschools.org">smchugh@rivercharterschools.org</a>
Fortune School of Education	Dominic Zarecki	(916) 215-3241	(916) 924-8664	<a href="mailto:dzarecki@fortuneschool.us">dzarecki@fortuneschool.us</a>
Futures High	Erik Crawford	(916) 286-5105	(916) 993-4110	<a href="mailto:Erik.Crawford@gcccharters.org">Erik.Crawford@gcccharters.org</a>
Gateway International	Erik Crawford	(916) 286-5105	(916) 993-4110	<a href="mailto:Erik.Crawford@gcccharters.org">Erik.Crawford@gcccharters.org</a>
Golden Valley Charters	Caleb Buckley	(530) 955-5739	(916) 987-1102	<a href="mailto:cbuckley@goldenvalleycharter.org">cbuckley@goldenvalleycharter.org</a>
Growth Public Schools	Jeanette Rowe	(916) 394-5007	No Fax	<a href="mailto:jrowe@growthps.org">jrowe@growthps.org</a>
Heritage Peak Charter	Christine Spratling	(916) 407-9633	(916) 924-6670	<a href="mailto:Christine.Spratling@pacificcharters.org">Christine.Spratling@pacificcharters.org</a>

CHARTER SCHOOL	EDUCATION LIAISON	PHONE NUMBER	FAX NUMBER	E-MAIL
Higher Learning Academy	Erik Crawford	(916) 286-5105	(916) 993-4110	<a href="mailto:Erik.Crawford@gcccharters.org">Erik.Crawford@gcccharters.org</a>
Highlands Community Charter	Kathy Sengvanhpheng	(916) 742-9019	(916) 471-0552	<a href="mailto:kathy.sengvanhpheng@hccts.org">kathy.sengvanhpheng@hccts.org</a>
Marconi Learning Academy	Maria De La Torre	(559) 785-7547	No Fax	<a href="mailto:mdelatorre@cvcharter.org">mdelatorre@cvcharter.org</a>
Natomas Charter	Petra Luhrsen	(916) 928-5353 School Office #	(916) 928-5333	<a href="mailto:pluhrsen@natomascharter.org">pluhrsen@natomascharter.org</a>
Options for Youth-San Juan	Steven Chavez	(916) 347-6217	(916) 988-4176	<a href="mailto:stevenchavez@ofy.org">stevenchavez@ofy.org</a>
	Wendy Maroun	(916) 759-9485		<a href="mailto:wmaroun@ofy.org">wmaroun@ofy.org</a>
Paseo Grande Charter	Yezica Fisher	(951) 401-7496	No Fax	<a href="mailto:yfisher@missionacademyhs.org">yfisher@missionacademyhs.org</a>
Sacramento Charter High PS 7 Middle School	Alexis Ribeiro	(916) 277-6200, ext. 2536 or (916) 277-6200, ext. 1500 (front office)	(916) 277-6370	<a href="mailto:aribeiro@sachigh.org">aribeiro@sachigh.org</a>
SAVA - Sacramento Academic and Vocational Academy	Erik Crawford	(916) 286-5105	(916) 993-4110	<a href="mailto:Erik.Crawford@gcccharters.org">Erik.Crawford@gcccharters.org</a>
SAVA - Sacramento Academic and Vocational Academy - EGUSD	Erik Crawford	(916) 286-5105	(916) 993-4110	<a href="mailto:Erik.Crawford@gcccharters.org">Erik.Crawford@gcccharters.org</a>
SAVA - Sacramento Academic and Vocational Academy - SCUSD	Erik Crawford	(916) 286-5105	(916) 993-4110	<a href="mailto:Erik.Crawford@gcccharters.org">Erik.Crawford@gcccharters.org</a>
Sol Aureus College Preparatory	Norman Hernandez	(916) 421-0600	(916) 421-0601	<a href="mailto:nhernandez@sacprep.org">nhernandez@sacprep.org</a>
St. HOPE Public School 7 Elementary	Jamie Fields	(916) 649-7850	(916) 277-7039	<a href="mailto:jfields@ps7.org">jfields@ps7.org</a>
The Language Academy of Sacramento	Eduardo De Leon	(916) 277-7137	(916) 277-7141	<a href="mailto:edeleon@lasac.info">edeleon@lasac.info</a>
Visions In Education	Samantha Webster	(916) 770-0950	No Fax	<a href="mailto:swebster@viedu.org">swebster@viedu.org</a>
Yav Pem Suab Academy - Preparing for the Future Charter	Mary Lor	(916) 433-5057	(916) 433-5289	<a href="mailto:Mary-Lor@urbancsc.org">Mary-Lor@urbancsc.org</a>



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rev 9-23



# Graduation Exemption

## AB 167/216



AB 167/216 allows for 11th and 12th grade students who have to change schools after 10th grade to meet reduced graduation requirements.

It reduces district requirements to the state requirement of 130 credits.

Whether or not it is appropriate to utilize this law is up to the educational rights holder and eligibility is on a case by case basis.

Graduating under AB167/216 can affect college admissions, so the decision should be discussed with a school counselor and/or a Foster Youth District Liaison in order to understand all of the details. Below is a chart to show you a comparison of district vs. state graduation requirements.

### AB 167/216 Graduation: Compare Requirements

AB 167/216 State Graduation Requirements	Example of Local School District Graduation Requirements
<b>English (30 credits)</b>	<b>English (40 credits)</b> <ul style="list-style-type: none"> <li>English 9 (10 credits)</li> <li>English 10 (10 credits)</li> <li>American Literature (10 credits)</li> <li>Contemporary Composition (10 credits)</li> </ul>
<b>Math (20 credits)</b> <ul style="list-style-type: none"> <li>Algebra 1 (10 credits)</li> <li>Other Math (10 credits)</li> </ul>	<b>Math (20 credits)</b> <ul style="list-style-type: none"> <li>Algebra 1 (10 credits)</li> <li>Geometry (10 credits)</li> </ul>
<b>Science (20 credits)</b> <ul style="list-style-type: none"> <li>Biological Science (10 credits)</li> <li>Physical Science (10 credits)</li> </ul>	<b>Science (30 credits)</b> <ul style="list-style-type: none"> <li>Biological Science (10 credits)</li> <li>Physical Science (10 credits)</li> <li>Lab Science (10 credits)</li> </ul>
<b>Social Studies (30 credits)</b> <ul style="list-style-type: none"> <li>World History (10 credits)</li> <li>US History (10 credits)</li> <li>American Government/Civics (5 credits)</li> <li>Economics (5 credits)</li> </ul>	<b>Social Studies (30 credits)</b> <ul style="list-style-type: none"> <li>World History (10 credits)</li> <li>US History (10 credits)</li> <li>Principles of American Democracy (5 credits)</li> <li>Economics (5 credits)</li> </ul>
<b>Visual or Performing Arts, Foreign Language or Career Technical Education (10 credits)</b>	<b>Foreign Language (20 credits)</b>
	<b>Visual &amp; Performing Arts (10 credits)</b>
<b>Physical Education (20 credits)</b>	<b>Physical Education (20 credits)</b>
<b>Electives (0 credits)</b>	<b>Electives (50 credits)</b>
<b>Total: 130 credits</b>	<b>Total: 220 credits</b>

# AB 167/216

## Graduation Requirements

Name: \_\_\_\_\_

School: \_\_\_\_\_

Expected Date of Completion: \_\_\_\_\_

- Verified changed schools in 11/12th grade
- Verified §300/602 WIC on date of proposed graduation
- Verified not reasonably able to complete additional requirements for graduation
- Notified of impact on admission to CSU/UC

High School Subject Area	State Mandated Requirements for High School Graduation	District Requirements	Credits Completed	Credits Needed
English	Three years (30 credits)			
Mathematics	Algebra, one year (10 credits)			
	Other mathematics, one year (10 credits)			
Social Science	U.S. History and Geography, one year (10 credits)			
	World History, one year (10 credits)			
	American government and economics, one year (10 credits)			
Science:	Life Science, one year (10 credits)			
	Physical Science, one year (10 credits)			
Foreign Language/ Visual and Performing Arts	One year of either (10 credits)			
Physical Education	Two years (20 credits)			
<b>Total:</b>	<b>(130 CREDITS)</b>			

# COVERED 26

**New Law Gives  
Former Foster Youth  
FREE Health Care  
until Age 26!**



Thanks to the Affordable Care Act, you get FREE Medi-Cal coverage in California if you were in foster care in any state on your 18th birthday or later.

Be sure to say you are a former foster youth when you go to sign up!

## Do I Qualify?

- Were you in foster care in ANY state on your 18th birthday or later?
- Do you live in California now?
- And are you younger than 26?

**Then, YES, you qualify! Sign up today!**

## How can you sign up?

Contact your county social services office. Most counties have a specific phone number, staff, or office to help former foster youth enroll. You can apply using a 1-page application.

To find out the best way to sign up in your county, visit:  
<http://coveredtil26.childrennow.org/how-to-sign-up>

\*If you leave foster care after January 1, 2014, you do not need to sign up. Your Medi-Cal will automatically continue until age 26.

## What's covered?

Medical care, vision exams, substance abuse treatment, mental health services and counseling, and dental care.

## Having trouble signing up?

### Have more questions?

Visit [www.coveredtil26.org](http://www.coveredtil26.org) or email [coveredtil26@childrennow.org](mailto:coveredtil26@childrennow.org)

## BE SURE TO YES

WERE YOU IN FOSTER CARE IN ANY STATE ON YOUR 18<sup>TH</sup> BIRTHDAY OR LATER?

YES  NO

## 3 reasons you should sign up for Medi-Cal for former foster youth:

- 1 It's FREE:** You pay \$0 for health care. You get to save your money for school, rent, food, and other things you need.
- 2 No new application to fill out each year:** You sign up for Medi-Cal one time and stay covered until your 26th birthday.
- 3 More choices:** You can go to any doctor, clinic, therapist, or hospital that takes Medi-Cal.



[WWW.COVEREDTIL26.ORG](http://WWW.COVEREDTIL26.ORG) | CHILDREN NOW

Funded by a grant from The California Wellness Foundation.



# Where Teens Can Find Summer Jobs

**Corporate offices:** often competitive, many have established summer jobs and internship programs and they are definitely worth looking into – short- and long-term.

**Fast food and restaurants:** local restaurants always need good help! They offer flexible hours and opportunity for growth.

**Golf, tennis and sports clubs:** as the weather improves, these clubs are usually looking for part-time help. There may be “perks” to the job, such as free membership or use of equipment.

**Grocery stores:** a convenient job -- and not just for summer. Just like fast food and other restaurants, they offer flexible hours and opportunity for growth.

- **Hotels and resorts:** summer is the busy season for most hotels and resorts. Possible jobs include front desk clerk, sales and catering, housekeeping and lifeguard.
- **Local government summer job programs:** various government agencies sponsor different kinds of summer youth work programs.
- **Local merchants:** local stores often need good help -- and not just in the summer.
- **Parks and recreation departments:** city, state and national parks and recreation departments often develop special summer programs, and thus have job opportunities.
- **Small businesses:** most towns have a number of small business offices -- and your family or friends probably know several owners or office managers. Answer phones, file or learn a new trade.
- **Stores at the mall:** have a favorite store you like to shop at in the mall? Maybe now is the time to get a job there.
- **Summer camps:** maybe you went to camp as a kid -- now you can go back as a counselor and get paid while being at camp. If you are outgoing, creative and enjoy working with children, this might be the job for you.
- **Tourist attractions:** most areas have tourist attractions that need help during the busy tourism season. Try zoos, museums, aquariums and other tourist-related destinations.
- **Movie theaters:** theaters offer flexible hours and need good employees in the summer, as well as year-round.
- **Seasonal parks, businesses or fairs:** businesses that offer miniature golf, water slides and other warm-weather activities need extra help in the summer; check your local parks and fairgrounds for summer events and fairs that may need summer employees.
- **Working for yourself:** there are all sorts of jobs/businesses you could develop for yourself in your neighborhood -- cleaning service, window washing, yard maintenance service, pet sitting service and babysitting.
- **The Web:** especially if you want to work outside your neighborhood, or even your state, the Web is the place for youth to explore all sorts of summer job opportunities.

<https://cityofsacramento.org/hr/employment>

<https://snagajob.com>

<https://sacbee.com/jobs/>

<https://governmentjobs.com/careers/sacramento>

<https://monster.com>

<http://citrusheights.net>

<https://sacramento.craigslist.org/search/jjj>

<https://sacjobs.com>

<https://calopps.org>

<https://crpd.com/about/employment-opportunities/>

<https://teens4hire.org>

<https://indeed.com>

<https://www.sacramentocareers.com>

<https://yourcsd.com/jobs>

<https://careeronestop.org>

<https://www.livecareer.com/resources>

# Sacramento Works

<https://sacramentoworks.org/youth/>

Sacramento Works provides employment and education programs for youth in Sacramento County, with special emphasis on programs serving high-risk youth.

- **Youth Services** are delivered collaboratively in the Sacramento Works Job Center system. Staff at each Job Center help youth access employment and training resources.
- **Community Partnerships** – Sacramento Works partners with a variety of community partners to serve Sacramento Youth.

## **In-School Youth Providers**

### **City of Sacramento**

#### **Youth Parks and Community Enrichment**

#### **Department**

5699 South Land Park Drive  
Sacramento, CA 95822  
Phone: (916) 808-6036

## **Out-of-School Youth Providers**

### **Asian Resources, Inc.**

2411 Alhambra Boulevard, Suite 110  
Sacramento, CA 95817  
Phone: (916) 324-6202

### **California Human Development**

1000C Street, Suite 110  
Galt, CA 95632  
Phone: (707) 7523-1155 x1043

### **Elk Grove Unified School District**

#### **Adult Education**

8401 Gerber Road, Suite A  
Sacramento, CA 95828  
Phone: (916) 793-2335 x78060 or (916) 793-2319

### **Folsom Cordova Community Partnership**

10826 Gadsten Way  
Rancho Cordova, CA 95670  
Phone: (916) 294-9107

### **Goodwill Industries**

#### **Sacramento Valley and Northern Nevada**

Phone: (916) 730-5282 or  
(916) 395-9000 ext. 282

### **Greater Sacramento Urban League**

#### **Empowerment Center**

3725 Marysville Boulevard  
Sacramento, CA 95838  
Phone: (916) 286-8600

### **Greater Sacramento Urban League**

#### **Youth and Families Center**

2331 Alhambra Boulevard  
Sacramento, CA 95817  
Phone: (916) 732-3699

### **International Rescue Committee**

2020 Hurley Way, Suite 420  
Sacramento, CA 95825  
Phone: (916) 508-0925

### **Juma Ventures**

815 S Street  
Sacramento, CA 95811  
Phone: (916) 717-6457

### **La Familia Counseling Center\***

5523 34th Street  
Sacramento, CA 95820  
Phone: (916) 452-3601

### **Lao Family Community Development, Inc.**

7171 Bowling Drive, Suite 1120  
Sacramento, CA 95823  
Phone: (916) 393-7501

### **North State Building Industry Foundation**

#### **Sacramento Works Job Center - Hillsdale**

5655 Hillsdale Boulevard, Suite 8  
Sacramento, CA 95842  
Phone: (916) 833-1953

### **Sacramento City Unified School District**

#### **Charles A. Jones Career & Education Center**

5451 Lemon Hill Avenue  
Sacramento, CA 95824  
Phone: (916) 395-5802 x701053

### **Walking the Village: Creation Distribution Site**

815 S Street  
Sacramento, CA 95811  
Phone: (916) 601-2979

## **Youth Programs**

Youth providers offer job search assistance, linkages to community resources, career development workshops, resume writing, interview skills and access to information on education and employment opportunities.

Individualized services are provided to youth ages 16–24 and include:

- Work Experience
- Support Services
- Occupational Skills Training
- Mentoring
- Guidance and Counseling

## **In-School Youth**

**Providers serve youth ages 16–18.**

## **Out-of-School**

**Youth Providers serve youth ages 18–24.**

\* Serves Out-of-School youth ages 17–24



# College Admission Requirements

## California Community College

- A high school diploma
- Must be 18 years of age or older without a high school diploma or equivalent
- Concurrently enrolled high school student
- For Federal Financial Aid: you must have a high school diploma or equivalent: General Equivalency Diploma (GED) or California High School Proficiency Exam (CHSPE)

To get more information go to: <http://home.cccapply.org>.

## California State University (CSU)

- High school diploma or equivalent (GED or CHSPE)
- Meet all A-G requirements (15 college prep courses with a grade of C or better)
- California residents and graduates of California high schools will be eligible for admission by earning a 2.50 or greater “a-g” GPA
- Any California high school graduate or resident of California earning a GPA between 2.00 and 2.49 may be evaluated for admission based upon supplemental factors

Campuses will use a combination of students “a-g” GPA and supplemental factors to determine admission eligibility. Supplemental Factors that campuses may use include:

- Number of courses exceeding minimum “a-g” requirements
- GPA in math and/or science courses
- Household income

To get more information go to: <https://www.calstate.edu/apply>.

## University of California (UC)

- GPA above 3.0
- Meet all UC approved A-G requirements with a grade of C or better (of the 15 A-G courses, 11 must be completed prior to senior year)

To get more information go to: <https://admission.universityofcalifornia.edu/admission-requirements/freshman-requirements/>.

### Exam Requirement

UC will not consider SAT or ACT test scores when making admissions decisions or awarding scholarships. If you choose to submit test scores as part of your application, they may be used as an alternative method of fulfilling minimum requirements for eligibility or for course placement after you enroll.

The CSU Chancellor’s Office on January 4, 2021, issued a memo to campuses announcing the elimination of the test score requirement for freshman applicants through the 2022-2023 academic year.

For more information meet with your school’s academic counselor and review the admission websites:

<https://admission.universityofcalifornia.edu/admission-requirements/freshman-requirements/exam-requirement/>

<https://www2.calstate.edu/apply/Pages/default.aspx>



# ACT/SAT: College Admission Tests

**ACT - tests your knowledge of English, reading, math and science.**

**ACT Plus Writing - includes the four subject area tests plus a 30-minute writing test**

- Take during Junior and Senior year of high school
- Register at <https://www.act.org>.
- Free with a **FEE WAIVER** - ask your counselor
- Submit scores at <https://www.act.org>.
- May receive up to 4 submissions for **FREE!**

## ACT Test Dates

Test Dates	Registration Deadline	Late Registration*	Standby Deadline Photo Upload Deadline
September 9, 2023	August 4, 2023	August 18, 2023	September 1, 2023
October 28, 2023	September 22, 2023	October 6, 2023	October 20, 2023
December 9, 2023	November 3, 2023	November 17, 2023	December 1, 2023
February 10, 2024	January 5, 2024	January 19, 2024	February 2, 2024
April 13, 2024	March 8, 2024	March 22, 2024	April 5, 2024
June 8, 2024	May 3, 2024	May 17, 2024	May 31, 2024
July 13, 2024	June 7, 2024	June 21, 2024	July 5, 2024

\* Late Fee Required (unless noted "No late fees")

\*\* Visit website for specific subject tests available.



# ACT/SAT: College Admission Tests

**SAT - tests your knowledge of reading, writing and math.**

**SAT Subject Tests - are hour long content tests to showcase achievement in specific subject areas where you excel.**

- Take during Junior or Senior year of high school
- Register at <https://satsuite.collegeboard.org/sat/registration>.
- Free with a **FEE WAIVER** - ask your counselor
- Submit scores at <https://satsuite.collegeboard.org/sat/registration>.
- May receive up to 4 submissions for **FREE!**

## SAT Test Dates

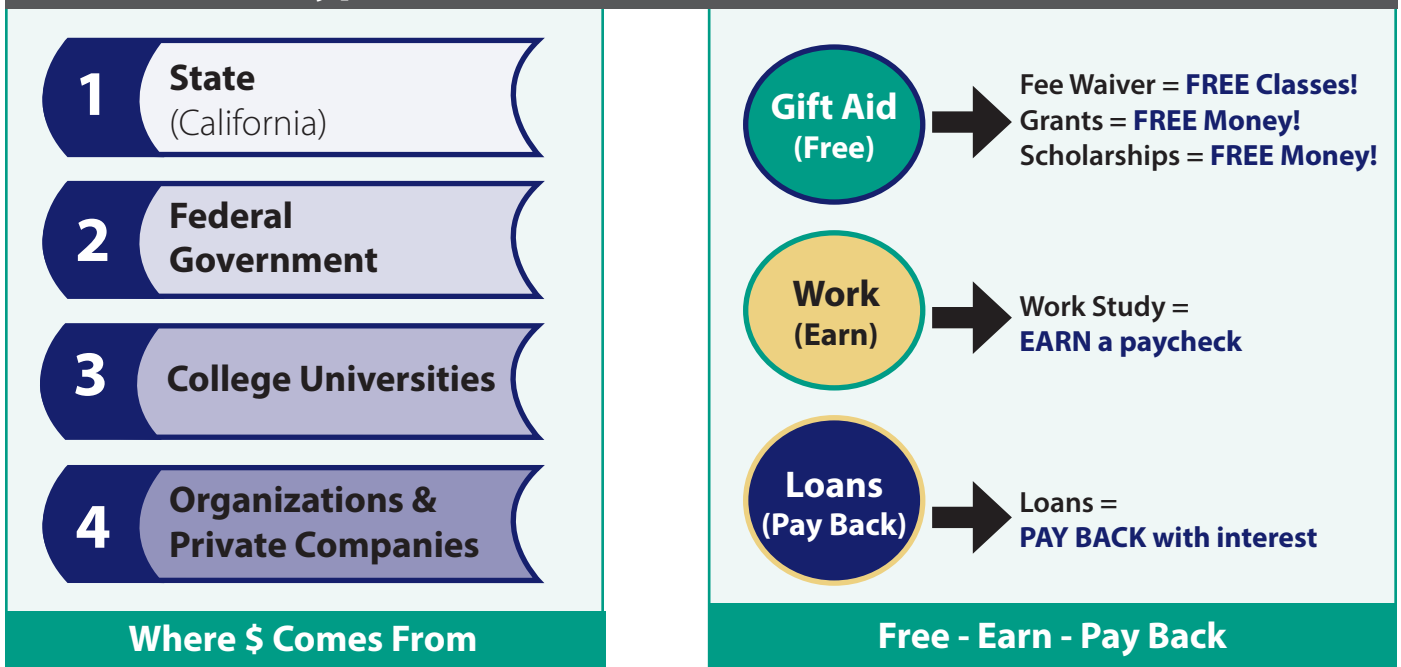
Test Dates	Registration Dateline	Late Registration Dateline (for registrions made online or by phone)	Deadline for Changes
August 26, 2023	July 28, 2023	August 15, 2023	August 15, 2023
October 7, 2023	September 7, 2023	September 26, 2023	September 26, 2023
November 4, 2023	October 5, 2023	October 24, 2023	October 24, 2023
December 2, 2023	November 2, 2023	November 21, 2023	November 21, 2023
March 9, 2024	February 23, 2024	February 27, 2024	February 27, 2024
May 4, 2024	April 19, 2024	April 23, 2024	April 23, 2024
June 1, 2024	May 16, 2024	May 21, 2024	May 21, 2024



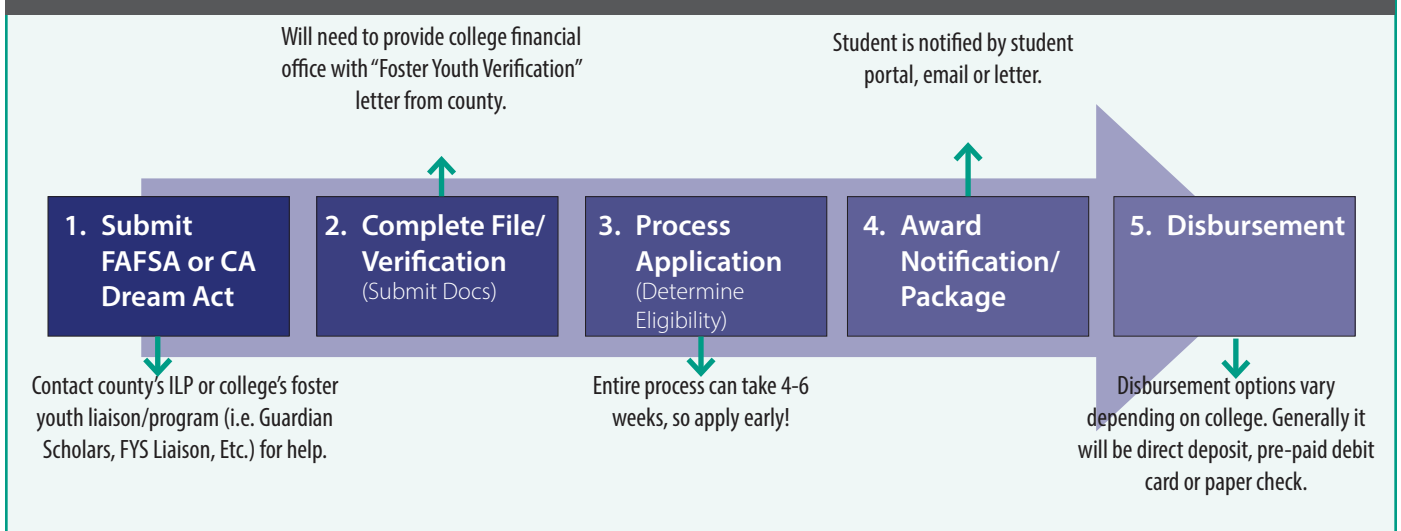
# Money for School

## College and/or Vocational School

### Sources and Types of Aid



### The Financial Aid Process



**File FAFSA or Dream Act by the CAL Grant Priority Deadline: September 2nd**  
(Must re-apply every academic year)

Application opens October 1st. Complete as soon as possible to maximize financial aid. For a comprehensive guide and resources: <https://jbay.org/resources/financial-aid-guide/>

Completing the FAFSA: A How-To for Adult Supporters of Foster Youth Last updated October 14, 2020  
<https://jbay.org/resources/completing-the-fafsa-a-how-to-for-adult-supporters-of-foster-youth/>

# Money for School

College and/or Vocational School

## Financial Aid Programs

FAFSA	CADAA	CAL Grants	CHAFEE Grant
Federal Program	State Program	State Program	State Program
Apply after October 1st	Apply after October 1st	Must complete the FAFSA	Must complete the FAFSA
Was in foster care or probation after age 13 or "Unaccompanied" or Homeless	Attend CA HS for 3 or more years, or by credits earned; Graduate from CA HS or an AA/AS* degree from a CCC*	Must meet GPA requirement of 2.0 or better	Was in foster care or probation during ages 16–18 (foster only)
Website: <a href="https://studentaid.gov/h/apply-for-aid/fafsa">https://studentaid.gov/h/apply-for-aid/fafsa</a>	Website: <a href="https://dream.csac.ca.gov">https://dream.csac.ca.gov</a>	Website: <a href="https://csac.ca.gov">https://csac.ca.gov</a>	Website: <a href="https://chafee.csac.ca.gov">https://chafee.csac.ca.gov</a>
Must have Diploma, GED or CHSPE	Undocumented students, DACA recipients, U-Visa holders, TPS*	HS Counselor completes and submits GPA verification	Not have reached your 26th birthday as of July 1st of the award year

\* AA - Associate of Arts Degree  
 \*AS - Associate of Science Degree  
 \*CCC - California Community College  
 \*TPS - Temporary Protected Status

For more information on programs, how to apply, and additional resources:  
<https://www.csac.ca.gov/foster-youth-students>



# Sample

## County “Ward of the Court” Verification Language

**RE:** (child’s name)  
**DOB:** (child’s date of birth)  
**SSN:** xxx-xx-xxxx  
**Current Mailing Address:**  
**County Contact Number:**  
**County Identification Number:**  
**Start Date of Wardship:** (xx/xx/xxxx)  
**Close Date of Wardship:** (xx/xx/xxxx)

This letter is to confirm that (child’s name) was under the supervision and care of the court until the age of 18 in (county name) County from (dates of care; i.e., xx/xx/xxxx to xx/xx/xxxx). (Child’s name) was placed in out-of-home care in a foster care placement. This means that (child’s name) is considered a “ward of the court” for the purpose of responding to questions on the Free Application for Federal Student Aid (FAFSA).

Financial Aid Administrators should be advised that recent or current wards of the court typically have little or no income and for purposes of the FAFSA Application, the federal Verification Guide states that “Payments and services received from states for foster care or adoption assistance, under Part A or Part E of Title IV of the Social Security Act” are not to be reported on Worksheet B of the FAFSA.

---

Signature

---

Date

---

Print Name

**\* Must be on county letterhead.**





# California Community Colleges

## Dormitories & Housing Assistance

### **Columbia College**

#### **Yosemite Community College District**

11800 Columbia College Drive  
Sonora, CA 95370  
(209) 533-3039  
<https://www.gocolumbia.edu/students/housing.php>

### **Cerro Coso Community College**

#### **Mammoth Campus**

#### **Kern Community College District**

South Gateway Student Apartments  
P.O. Box 1679  
121 College Parkway  
Mammoth Lakes, CA 93546  
(760) 934-0338  
<https://www.cerrocoso.edu/escc/mammoth/student-housing-escc-mammoth-students>

### **Feather River College**

#### **FRC Student Housing Office**

570 Golden Eagle Avenue  
Quincy, CA 95971  
(530) 283-9414  
<https://www.frc.edu/housing>

### **Lassen College**

#### **Lassen Community College District**

P.O. Box 3000  
478-200 Highway 139  
Susanville, CA 96130  
(530) 251-8879  
<https://www.lassencollege.edu/campus-life/Pages/Residence-Hall.aspx>

### **College of the Redwoods**

#### **Redwood Community College District**

7351 Tomkins Hill Road  
Eureka, CA 95501  
(707) 476-4294  
<https://www.redwoods.edu/housing>

### **Reedley College**

#### **State Center Community College District**

955 N. Reed Avenue  
Reedley, CA 93654  
(559) 494-3300 ext. 3049  
<https://www.reedleycollege.edu/campus-life/residence-hall.html>

### **Shasta College**

#### **Shasta-Tehama-Trinity**

P.O. Box 496006  
11555 Old Oregon Trail  
Redding, CA 96049  
(530) 242-7739  
<https://www.shastacollege.edu/dorms>

### **Sierra College**

#### **Sierra Joint Community College**

#### **District**

5100 Sierra College Blvd.  
Rocklin, CA 95677  
(916) 660-7389  
<https://www.sierracollege.edu/campus-life/campus-housing/>

### **College of the Siskiyous**

#### **Siskiyou Joint Community College**

#### **District**

800 College Avenue  
Weed, CA 96094  
(530) 938-5237  
<http://www.siskiyous.edu/lodges/>

### **Taft College**

#### **West Kern Community College District**

29 Cougar Court  
Taft, CA 93268  
(661) 763-7832  
<https://www.taftcollege.edu/campus-life/residence-hall/>

### **West Hills College Coalinga**

#### **West Hills Community College District**

300 Cherry Lane  
Coalinga, CA 93210  
(559) 934-2300 Student Services  
(559) 934-2373 Residence Hall  
<https://www.westhillscollege.com/coalinga/student-life/housing/>



# EOP&S

## Extended Opportunity Programs and Services

After successful completion and submission of application to one of the Los Rios Community Colleges or Sierra College and completing Steps to Success, you may apply for EOP&S.

### How to Apply for EOP&S/CARE

- Pick up an application. (Available from the EOP&S/CARE offices at each campus or print forms if available on campus website).
- Be sure to fill out the California College Promise Grant, formerly known as the Board of Governor’s Fee Waiver (BOG) application, (available at the financial aid office).
- Turn in the application packet which includes the following:
  - The one page application.
  - A copy of your high school and/or college transcripts.
  - A copy of your assessment results.
  - A copy of your Promise Grant “A” , “B” or “C” fee waiver.
  - A copy of your Student Ed Plan (SEP) created with a counselor.

**Important:** These documents are required and applications will not be accepted if items are missing. Once you are admitted, attend a required EOP&S intake appointment.

### Plan Ahead

- To participate in the fall, you must complete the EOP&S application the semester before. Applications are available in March-April.
- To participate in the spring, you must complete the EOP&S application the semester before. Applications are available in October.
- Contact each site for current deadlines and other details.

### Steps to Success

**Step 1** - Apply

**Step 2** - Complete Orientation

**Step 3** - Complete Assessment/ Placement

**Step 4** - Create An Education Plan

**Step 5** - Register for Classes

# EOP&S/CARE/NEXTUP

## Extended Opportunity Programs and Services/CARE/NEXTUP

### **American River College**

**Location:** Student Services Building (\*Now located next to CalWORKS, opposite end of Financial Aid Office\*)  
4700 College Oak Drive, Sacramento, CA 95841

**EOP&S Hours:**

Fall and Spring Semesters

Monday/Thursday/Friday: 8:00 a.m. – 5:00 p.m.

Tuesday/Wednesday: 8:00 a.m. – 7:00 p.m.

Summer

Monday – Friday: 8:00 a.m. – 5:00 p.m.

**Phone:** (916) 484-8128

**Homeless Youth Liaison:** Jessica Pressley

Email: [jessica.pressley@arc.losrios.edu](mailto:jessica.pressley@arc.losrios.edu)

**Foster Youth Liaison (EOP&S/CARE/NextUP):**

Email: [myeops@arc.losrios.edu](mailto:myeops@arc.losrios.edu)

Phone: (916) 484-8514

**Coordinator:** Connie Ayala

Email: [AyalaC@arc.losrios.edu](mailto:AyalaC@arc.losrios.edu)

**FKCE/YES/ILP Program Coordinator:** Dana McKnight-Flentroy, M.S.W.

Phone: (916) 484-8626

Email: [McKnigD@arc.losrios.edu](mailto:McKnigD@arc.losrios.edu)

**Beaver Cares (Housing and and Food Resources):**

Phone: (916) 484-4510

### **Cosumnes River College**

**Location:** College Center CC-254 (2nd floor)  
8401 Center Parkway, Sacramento, CA 95823

**EOP&S Hours:**

Monday – Friday: 8:00 a.m. – 4:30 p.m.

**NextUp Hours (Location College Center: CC254A)**

Monday – Friday: 8:00 a.m. – 5:00 p.m.

**Phone:** (916) 691-7075

**Foster Youth Liaison:** Aujonique Dismukes

Email: [dismuka@crc.losrios.edu](mailto:dismuka@crc.losrios.edu)

**Foster Youth Financial Aid Liaison:** Phuong Le

Email: [LeP@crc.losrios.edu](mailto:LeP@crc.losrios.edu)

### **Folsom Lake College**

**Location:** FL1-108 Center for Excellence  
10 College Parkway, Folsom, CA 95630

**EOP&S Hours:**

(Virtual) Monday – Friday: 8:00 a.m. – 5:00 p.m.

(In-person Appt. Only) Tuesday/Wednesday/Thursday

(Virtual) Drop-in: Wednesday, 1:00 – 6:00 p.m.

**Folsom Lake College:** (916) 608-6560

**El Dorado Center:** (530) 642-5648

**Rancho Cordova Center:** (916) 361-6305

**Foster Youth Liaison:** Sharisse Estomo

Email: [EstomoS@flc.losrios.edu](mailto:EstomoS@flc.losrios.edu)

**Foster and Kinship Care Education:** Juline Aguilar

Email: [AguilaJ@flc.losrios.edu](mailto:AguilaJ@flc.losrios.edu)

**Equity Center:** Karla Lozano

Email: [LozanoK@flc.losrios.edu](mailto:LozanoK@flc.losrios.edu)

### **Sacramento City College**

**Location:** Rodda Hall North, RHN 155  
3835 Freeport Boulevard, Sacramento, CA 95822

**Email:** [sccc-ee@scc.losrios.edu](mailto:sccc-ee@scc.losrios.edu)

**Phone:** (916) 558-2403 **Fax:** (916) 650-2999

**EOP&S Hours:**

Monday – Thursday: 8:00 a.m. – 5:00 p.m.

Online Friday: 8:00 a.m. – 5:00 p.m.

**EOPS Coordinator:** Andrea Fuertes

Email: [FuertesA@scc.losrios.edu](mailto:FuertesA@scc.losrios.edu)

**Foster Youth Liaison:** Blair McAnelly

Email: [McAnelB@scc.losrios.edu](mailto:McAnelB@scc.losrios.edu)

**Foster Youth Liaison:** Kathleen Dorn

Email: [DornK@scc.losrios.edu](mailto:DornK@scc.losrios.edu)

### **Sierra College**

**Location:** L-141 Winstead Center  
5100 Sierra College Boulevard, Rocklin, CA 95677

**EOP&S Hours:**

Fall and Spring

Monday – Thursday: 8:00 a.m. – 5:30 p.m.

Friday: 8:00 a.m. – 5:00 p.m.

**Phone:** (916) 660-7366

**Special Program Director:** Sandra Belmares

Email: [sbelmares@sierracollege.edu](mailto:sbelmares@sierracollege.edu)

Phone: (916) 660-7378

Serves all foster youth.

**Financial Aid Tech/Foster Youth Specialist:** Iryna Plotka

Phone: (916) 660-7543

**NextUp Counselor:** Flo Charlie

Email: [fcharlie@sierracollege.edu](mailto:fcharlie@sierracollege.edu)



## THE 23 OUTSTANDING CAMPUSES OF THE CSU





# California State University

## CSU Programs for Foster Youth

### CSU Bakersfield

**Miguel Cuate Jr.**  
EOP Resource Specialist  
Phone: (661) 654-3215  
Email: [mcuate@csub.edu](mailto:mcuate@csub.edu)  
<https://www.csub.edu/gsp>

### CSU Channel Islands

**Jazmin Clark**  
Foster Youth Initiatives Coordinator  
Phone: (805) 437-3923  
Email: [guardianscholars@csuci.edu](mailto:guardianscholars@csuci.edu) or  
[jazmin.clark@csuci.edu](mailto:jazmin.clark@csuci.edu)  
<https://www.csuci.edu/basicneeds/>

### CSU Chico

**Marina Lomeli**  
Coordinator, PATH Scholars Program  
Phone: (530) 898-5889  
Email: [mslomeli@csuchico.edu](mailto:mslomeli@csuchico.edu)  
<https://www.csuchico.edu/fosteryouth>

### CSU Dominguez Hills

**Jerrie Jones**  
Assistant Coordinator, Toro Guardian Scholars  
Phone: (310) 243-2052  
Email: [jjones271@csudh.edu](mailto:jjones271@csudh.edu)  
<https://www.csudh.edu/tgs>

### CSU East Bay

**Saleem Gilmore, M.A. Ed**  
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# University of California

## The UC System



Nine UC campuses offer undergraduate and graduate education; one (UCSF) is graduate/professional only. Other educational centers reach across California and beyond.



# University of California

## Foster Youth Support Programs

### UC BERKELEY

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# College and Vocational School Information

Name	Contact Info	Program Categories
<p><b>California State University-Sacramento</b> 6000 J Street Sacramento, CA 95819</p> <p><b>Sac State Guardian Scholars Program (GSP)</b> Lassen Hall 2802</p> <p><b>Susan Kischmischian</b> Program Coordinator</p>	<p>Phone: (916) 278-6011</p> <p>Web: <a href="https://www.csus.edu">https://www.csus.edu</a></p> <p>Web: <a href="https://www.csus.edu/student-affairs/centers-programs/guardian-scholars/">https://www.csus.edu/student-affairs/centers-programs/guardian-scholars/</a></p> <p>Phone: (916) 278-6184</p> <p>Email: <a href="mailto:susan.kischmischian@csus.edu">susan.kischmischian@csus.edu</a></p>	<p>Many programs. Most popular include: business management, criminal justice and safety, communication studies, psychology, education, liberal arts and sciences, registered nursing, social work.</p>
<p>Degrees: Bachelor, Master and Doctorate</p>		
<p><b>University of California, Davis</b> 1 Shields Avenue Davis, CA 95616</p> <p><b>UC Davis Undergraduate Admissions</b></p> <p><b>UC Davis Guardian Scholars Program (GSP)</b></p> <p><b>Julie Agosto-King</b> EOP/Guardian Scholars Program Director EOP Building</p> <p><b>Valeri Garcia</b> Guardian Scholars Program Coordinator EOP Building</p>	<p>Phone: (530) 752-1011 Web: <a href="https://ucdavis.edu/">https://ucdavis.edu/</a></p> <p>Phone: (530) 752-2971 Web: <a href="https://admissions.ucdavis.edu/">https://admissions.ucdavis.edu/</a></p> <p>Web: <a href="https://opportunity.ucdavis.edu/programs/guardian-scholars">https://opportunity.ucdavis.edu/programs/guardian-scholars</a></p> <p>Email: <a href="mailto:guardianscholars@ucdavis.edu">guardianscholars@ucdavis.edu</a></p> <p>Phone: (530) 752-2430</p> <p>Phone: (530) 752-1211</p>	<p>More than 100 majors to choose from. In addition to traditionally defined majors such as English, chemistry and psychology, UC Davis has innovative cross-disciplinary majors such as sustainable environmental design and marine and coastal science.</p>
<p>Degrees: Certificate, Associate, Bachelor, Master and Doctorate</p>		

# College and Vocational School Information

Name	Contact Info	Program Categories
<p><b>Sacramento Job Corps</b> 3100 Meadowview Road Sacramento, CA 95832</p> <p><b>Kentasha Fuller,</b> Admissions Counselor (916) 926-7332 <a href="mailto:fuller.kentasha@jobcorps.org">fuller.kentasha@jobcorps.org</a></p>	<p>Phone: (800) 733-JOBS</p> <p>Web: <a href="https://sacramento.jobcorps.gov/contact-us">https://sacramento.jobcorps.gov/contact-us</a></p>	<p>Medical Office Support, Clinical Medical Assistant, Certified Nursing Assistant, Pharmacy Technician, Security, Facilities Maintenance, Cement Masonry, HVAC, Heavy Equipment, Carpentry, Plastering</p>
<p>Degrees: High School Diploma and Certificate</p>		
<p><b>California Conservation Corps</b></p> <p><b>CCC Headquarters</b> 1719 24th Street Sacramento, CA 95816 916-341-4430</p> <p><b>Sandra Romero,</b> Recruitment Manager (909) 630-9229 <a href="mailto:Sandra.Romero@ccc.ca.gov">Sandra.Romero@ccc.ca.gov</a></p>	<p>Phone: (800) 952-5627</p> <p>Web: <a href="https://ccc.ca.gov">https://ccc.ca.gov</a></p>	<p>Backcountry Trail Program, Energy Corps, Forest Health, Emergency Response and Natural Resource Conservation</p>
<p>Degrees: High School Diploma and Certificate</p>		

# Military Information

Branch	-Location & Contact Information	
<b>US Navy Recruiting</b> <a href="https://www.navy.com">https://www.navy.com</a>	7868 Macy Plaza Drive Citrus Heights, CA (916) 965-3730  3291 Truxel Road, Suite 7 Sacramento, CA (916) 925-6883  8277 Elder Creek Road, #139 Sacramento, CA (916) 387-7100	6300 Garfield Avenue, Suite 120 Sacramento, CA (916) 338-1266  9163 E. Stockton Boulevard, Suite 302B Elk Grove, CA (916) 691-0213
<b>US Army Recruiting</b> <a href="https://www.goarmy.com">https://www.goarmy.com</a>	4760 Natomas Boulevard, Suite 100 Sacramento, CA  1750 Howe Avenue, Suite 220 Sacramento, CA	9163 E. Stockton Boulevard, Suite 320A Elk Grove, CA  3680 Crocker Drive, Suite 120A-D Sacramento, CA
<b>US Marine Corps Recruiting</b> <a href="https://www.marines.mil">https://www.marines.mil</a>	9163 E. Stockton Boulevard, Suite 320 Elk Grove, CA (916) 686-1332  4090 Truxel Road, Suite 100 Sacramento, CA (916) 928-2603 or (916) 928-2614  3291 Truxel Road, Suite 12 Sacramento, CA (916) 641-6950	3680 Crocker Drive Sacramento, CA (916) 429-9381  996 Pleasant Grove Boulevard, Suite 175 Roseville, CA (916) 783-3886
<b>US Air Force Recruiting</b> <a href="https://www.airforce.com">https://www.airforce.com</a>	996 Pleasant Grove Boulevard, Suite 140 Roseville, CA (916) 705-3534  6300 Garfield Avenue, Suite 110 Sacramento, CA (916) 201-7211	3291 Truxel Road, Suite 12 Sacramento, CA (916) 284-3273
<b>US Coast Guard</b> <a href="http://www.gocoastguard.com">http://www.gocoastguard.com</a>	Neptune Plaza 660 Central Avenue, #A Alameda, CA (510) 769-8187	

# Independent Living Program

The Independent Living Program (ILP) is a Federal and State funded program, that is county administrated for current and former foster youth. ILP provides services to assist youth with a successful transition into independence.

## Who is eligible for ILP?

- Foster and probation youth who are in out-of-home placement after the age of 16.
- Dependent children that entered into a non-related legal guardianship on or after the age of 8, who are receiving permanent placement services (SB 654).
- Youth between 16 and 18 that are in receipt of Kinship Guardianship Assistance Payment Program (KinGap) assistance.
- Youth who are in foster care on their 16th birthday, with adoption or legal guardianship occurring after that birthday, are eligible.
- AAP-Adoption Assistance Program

Services are available up to your 21st birthday month.

## What does the Independent Living Program Offer?

### Classes

- Personal Growth
- Independent Living Skills

### Workshops

- Financial Aid for College
- Independent City

### Services

- High School Graduation Incentive
- Proof of Dependency
- Education and Career Planning
- Link to Community Resources

### Activities

- Conferences
- Holiday Dinner
- Graduation Celebration
- Community Service Activities
- Monthly Emancipation Support Groups (ages 17–21)
- Orientation

## How do I get connected?

If eligible, a referral must be made by one of the following:

- Social Workers
- Probation Officers
- School District Foster Youth Services Social Workers
- County ILP Coordinators
- Yourself

## What kind of connections does ILP have?

- Local school districts
- One stop Career Center
- Scholarship Funds from Community Support/EOPS
- California Youth Connection
- American River College YESS ILP
- EDD

## ILP may be able to assist you financially with the following\*:

- **College:** Unmet needs such as tuition fees, books and supplies, transportation, clothing and food.
- **Employment:** Start up expenses such as uniforms/clothing, union dues, tools/equipment and transportation cost.
- **Rental Assistance:** First month rent and deposit.
- **Scholarships:** \$100-\$200 are awarded to youth who have demonstrated academic excellence in high school, and plan to attend college or a vocational school in the fall or summer of the current year.

\* Based on available funding and individual needs.

All documentation of verification requested by your ILP worker is required. Other services may include insurance, apartment/dorm start up cost, appliances, health related cost not covered by Medi Cal, etc.



## Sacramento County

## Independent Living Program

925 Del Paso Boulevard, Suite 500  
Sacramento, CA 95815

Monday-Friday  
8:00 a.m. – 12:00 p.m.; and 1:00 – 5:00 p.m.

### Main Line:

(916) 874-9308

### Fax:

(916) 874-9280



# FACT SHEET



## Independent Living Program

### PROGRAM BACKGROUND

The Omnibus Budget Reconciliation Act of 1993 permanently authorized the Independent Living Program (ILP) which offers training, services and programs to assist current and former foster youth achieve self-sufficiency prior to and after leaving the foster care system. The Chafee Foster Care Independence Program (CFCIP) Act of 1999 added additional funding and requirements.

In California, County Child Welfare Agencies and Probation Departments have the flexibility to design services to meet a wide range of individual needs and circumstances for current and former foster youth. Every California county must operate an ILP. Youth participation is voluntary.

### SERVICES OFFERED

Every ILP offers core services and can also include other topics based on the youth's individual needs and goals as described in their Transitional Independent Living Plan (TILP). The following are some of the areas addressed by the core ILP services:

- Education
- employment
- Daily living skills
- Financial literacy
- Health/Mental health
- Healthy relationships and establishing permanent connections
- Housing

ILP classes and activities are offered in various locations. Counties also offer individual services and some counties offer distance learning opportunities.

### WHO IS ELIGIBLE?

Youth are eligible for ILP services at age 16\* up to their 21<sup>st</sup> birthday provided one of the following criteria is met:

- Youth are/were a dependent or ward in foster care at any time between their 16<sup>th</sup> and 19<sup>th</sup> birthdays.
- Youth was placed in out-of-home care by a tribe or tribal organization between their 16<sup>th</sup> and 19<sup>th</sup> birthdays.
- Youth is/was a former dependent who entered into a kinship guardianship at any age and received a Kinship Guardianship Assistance Payment (Kin-GAP) after the age of 16.
- Youth is/was a former dependent who entered into a non-related legal guardianship after attaining age 8 and is receiving permanent placement services.

\*Some counties begin ILP services at age 14 or 15.





# FACT SHEET



## HOW TO ACCESS SERVICES?

The youth's social worker or probation officer will refer current foster youth to the county ILP coordinator. Former foster youth can contact the child welfare office/probation department in the county they are residing in, the county they exited foster care from, or the CDSS Transition Age Youth Policy Unit at [TAYPolicy@dss.ca.gov](mailto:TAYPolicy@dss.ca.gov) or (916) 651-7465 for assistance.





# Extended Foster Care Orientation and AB 12 Presentation

The presentation will provide a basic understanding of the Extended Foster Care program as well as the requirements for youth to enter and stay in the program. A question and answer session will be included in the presentation.

**Now, held on  
Every 4th Tuesday!  
4:00-6:00 P.M.**

All who would like to know more about the EFC Program are invited.

**Location:**

**Plaza Del Paso (PDP)**

925 Del Paso Boulevard, Suite 500  
Sacramento, CA 95815

**If you have any questions, please  
call the EFC Office:**

916-874-9308

**2023-2024  
AB 12 Presentation Calendar**

Date
September 26, 2023
October 24, 2023
November 28, 2023
December 26, 2023
January 23, 2024
February 27, 2024
March 26, 2024
April 23, 2024
May 28, 2024
June 25, 2024



# FACT SHEET



## Extended Foster Care (EFC) Program

### **Background**

The California Fostering Connections to Success Act was signed into law September 30, 2010 through Assembly Bill (AB) 12 and became effective January 1, 2012. The bill and subsequent legislation allowed foster care for eligible youth to extend beyond age 18 up to age 21. Eligible foster youth are designated as “nonminor dependents” (NMDs). This legislation also recognized the importance of family and permanency for youth by extending payment benefits and transitional support services for eligible youth in the Adoption Assistance Program (AAP), Kinship Guardianship Assistance Payment (Kin-GAP) Program and youth under Non-related Legal Guardianships (NRLGs).

### **EFC Goals and Benefits**

- Foster youth will be able to maintain a safety net of support while experiencing independence in a supervised living environment.
- Provides youth extended time in care to address the effects of trauma, obtain educational and employment training opportunities, and develop permanent connections to supportive adults.
- NMDs can continue participating in the Independent Living Program (ILP) which helps youth gain the knowledge and skills needed for self-sufficiency and successful transition into adulthood.

### **Eligibility for EFC**

- The youth must be at least 18 years old but under 21 years of age.
- The youth must be subject to a foster care placement order on their 18<sup>th</sup> birthday, placing them under the care, custody and control of a county child welfare agency, probation department or tribal agency.
- The youth must meet one of the following criteria after reaching age 18:
  1. Working toward completion of high school or equivalent program (e.g. GED); or
  2. Enrolled in college, community college or a vocational education program; or
  3. Employed at least 80 hours a month; or
  4. Participating in a program designed to assist in gaining employment; or
  5. Unable to do one of the above requirements because of a documented medical condition.



# FACT SHEET



- The youth and their Social Worker/Probation Officer must work together to develop a Transitional Independent Living Case Plan (TILCP) which includes the youth's plan for transition to independence.
- Youth must sign an agreement to meet with a social worker/probation officer once a month and work to meet the goals outlined in their Transitional Independent Living Plan (TILP).
- To receive a foster care payment, the NMD must reside in an eligible placement (see below).
- Remaining in foster care after age 18 is voluntary. Non-minor dependents can exit at age 18 or at any subsequent time before age 21. Youth who exit at age 18 can petition the juvenile court to re-enter foster care at any time before age 21.

## Placement Options

Eligible placement options for NMDs include:

- A certified Resource Family Home; the home of a relative or Non-Related Extended Family Member (NREFM); licensed foster family home; certified foster family agency home; or the home of a non-related legal guardian if the guardianship was established in juvenile court and the youth is still under juvenile court jurisdiction with a foster care placement order.
- A Short-Term Residential Therapeutic Program (STRTP) or a group home (youth may remain in a group home after age 19 only if the criteria for a medical condition is met and the placement is a short-term transition to an appropriate system of care).
- A Transitional Housing Placement Program for Nonminor Dependents (THPP-NMD), formerly known as THP+FC. This placement option provides housing and intensive support services. There are three housing models:
  - Host Family where the NMD lives with a caring adult who has been selected and approved by the transitional housing provider
  - Staffed Site where the NMD lives in an apartment, condominium or single family dwelling rented or leased by the housing provider with an employee(s) living on site
  - Remote Site where the NMD lives independently in one of the housing types listed above with regular supervision from the provider.
- A Supervised Independent Living Placement (SILP). This placement option allows youth to live independently in a variety of settings. They can live alone or with a roommate(s), while still receiving supervision from a social worker/probation officer. Youth must be determined to be ready for a SILP through the use of a SILP Readiness Assessment and the housing unit must meet health and safety standards



# FACT SHEET



as determined through a facility inspection. The youth may receive all or part of the foster care payment directly, pursuant to the SILP agreement form (SOC 157A).

## **Extended Benefits for Adopted Youth and Youth who were in Guardianships**

Youth who receive Adoption Assistance Payments (AAP), Kin-Guardianship Assistance Payments (Kin-GAP), or Non-Related Legal Guardianship (NRLG) payments are eligible to continue receiving payments to age 21 if they meet the following requirements.

1. The AAP or Kin-GAP negotiated payment agreement was signed after the youth turned age 16, or;
2. An adopted youth or youth in a Kin-GAP guardianship has a documented disability, or;
3. Youth in a NRLG or a Kin-GAP guardianship with a Non-Related Extended Family Member (NREFM) are automatically eligible for extended benefits to age 21.

Additionally, the youth must participate in the development of their TILCP and meet at least one of the participation criteria listed above.

## **Additional information**

- Youth who otherwise meet the eligibility criteria, who are married and/or custodial parents, have the same rights to participate in foster care after age 18 as all other youth. The infant supplement is available to parenting NMDs.
- Youth who are consumers of Regional Center services can continue to receive dual agency and supplemental rates.
- Youth who meet the eligibility requirements to receive funds from the Social Security Administration instead of a foster care payment are eligible for EFC.

For more information, visit: <http://www.cdss.ca.gov/inforesources/Foster-Care/Extended-Foster-Care-AB-12>.

If you have questions or need additional information, please contact the Transition Age Youth Policy Unit at (916) 651-7465 or [TAYPolicy@dss.ca.gov](mailto:TAYPolicy@dss.ca.gov).



**SACRAMENTO COUNTY**  
**Emancipation Plan/90 Day Transition Plan**

**Youth:**                      **DOB:**                      **Age:**                      **Ethnicity:**                      **Date:**

**County Social Worker:**                      **Worker Code:**                      **Facilitator:**

<input type="checkbox"/> Emancipation Plan <input type="checkbox"/> 90 Day Transition Plan	
<b>Housing Plan</b>	<b>I or a supporting adult (name) will</b>
	<b>Timeline</b>



SACRAMENTO COUNTY  
Emancipation Plan/90 Day Transition Plan

Youth's initials \_\_\_\_\_

Education Plan/Goals	I or a supporting adult (name) will	Timeline

Employment Plan/Goals	I or a supporting adult (name) will	Timeline



SACRAMENTO COUNTY  
Emancipation Plan/90 Day Transition Plan

Youth's Initials \_\_\_\_\_

	<b>health insurance through:</b>	

<b>Pending Legal Issues (Include immigration issues and any pending charges)</b>	
<b>Progress towards Welfare &amp; Institutions code</b>	<b>Progress Notes and To Do List:</b>





SACRAMENTO COUNTY  
Emancipation Plan/90 Day Transition Plan

Youth's Initials \_\_\_\_\_

<b>Section 391 requirements &amp; other important documents</b>	<b>Completed</b>	<b>In Progress</b>	<b>N/A</b>
<b>391 Requirements</b>			
Social Security Card	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Certified Birth Certificate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health and Education Passport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DMV Identification or Driver's License	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Parent(s) Death Certificate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Proof of Citizenship or Residency	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Proof of Dependency Letter or Card	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Given Date Court Jurisdiction Will Be Extended/Terminated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assisted with Medi-Cal or Health Insurance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vocational Training or Other Educational Institution	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Other Important Information/Documents</b>			
Informed How to Access Juvenile Court Records	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Given Information about Siblings Whereabouts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Given Family History	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assisted with Employment or Other Financial Support	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assisted with Housing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assisted with Admission and/or Financial Aid for College	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Copy of Transcript	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Copy of IEP Plan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Copy of 504 Plan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Credit History Check, if applicable clean up	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
AB167 Graduation Assessment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth wishes to be present at Extended Foster Care or Termination of Jurisdiction Hearing?	<input type="checkbox"/> Yes <input type="checkbox"/> No		

SACRAMENTO COUNTY  
Emancipation Plan/90 Day Transition Plan

Youth's Initials \_\_\_\_\_

- I know that I must sign verification paperwork to continue my MediCal health insurance benefits when I exit from foster care & again each year to receive MediCal until my 26<sup>th</sup> birthday or until I have secured a different type of health insurance. I am also aware that when I move I must resubmit a verification form with my new address. I will not be eligible for MediCal until my 26<sup>th</sup> birthday. \_\_\_\_\_ Youth's initials
- I have been told that when I am 18, I can choose a "power of attorney for health care" that can make medical choices for me if I am not able. When I turn 18, I will receive directions and a form that I can fill out if I want to choose a power of attorney for health care. \_\_\_\_\_ Youth's initials
- I know that 30 days prior to leaving foster care, I am eligible to apply for food stamps. \_\_\_\_\_ Youth's initials
- I agree to meet with my caregiver and social worker as needed to ensure sufficient progress towards my goals. \_\_\_\_\_ Youth's initials
- Target date for exiting foster care (add three years to 18<sup>th</sup> birthday for youth opting into AB12): \_\_\_\_\_

**By signing below, this means we will all work to complete the steps necessary to help the youth accomplish his/her Transition Plan.**

Name	Signature	Relationship	Phone Number/Email	Date
		<b>Youth</b>		
		<b>County Social Worker</b>		

**Legislative & Regulatory References:**

- Public Law (P.L.) 110-351, which states that a Transition Plan must be developed at the direction of the youth during the 90 day period prior to the youth aging out. The plan must contain specific options on housing, health insurance, education, local opportunities for mentors/continuing support services and workforce support/employment services. P.L. 111-148 requires providing foster youth with the information about a Power of Attorney for Health Care.



SACRAMENTO COUNTY  
Emancipation Plan/90 Day Transition Plan

Youth's initials \_\_\_\_\_

**PARTICIPANT LIST**  
**Youth:**

**PLEASE BE ADVISED:** This list will be shared w/the participants in the meeting. If you **do not** wish for your telephone number to be shared w/other participants or if your contact information is private/confidential, please do not include your contact information and only print your name.

Name	Agency Name/Relationship to Child(ren) Emancipation Conference Facilitator	Phone #	Email Address or Fax
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			



**SACRAMENTO COUNTY**  
**Emancipation Plan/90 Day Transition Plan**

**Youth:**                      **DOB:**                      **Age:**                      **Ethnicity:**                      **Date:**

**County Social Worker:**                      **Worker Code:**                      **Facilitator:**

<input type="checkbox"/> Emancipation Plan <input type="checkbox"/> 90 Day Transition Plan	
<b>Housing Plan</b>	<b>I or a supporting adult (name) will</b>
	<b>Timeline</b>

**Transitional Independent Living Plan & Agreement**

Youth: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Address: \_\_\_\_\_

**Instructions To Youth:** The purpose of this agreement is to capture the goals you are agreeing to achieve over the next 6 months. It is a good organizing tool to help you stay focused and keep track of your progress toward accomplishing each goal. Your Social Worker/Probation Officer and caregiver will also have copies of this agreement and will help you achieve your goals.

**Instructions to Caregiver:** You are agreeing to assist the youth in the development of their ILP goals and to support the youth in completing the activities.

**Instructions to Social Worker/Probation Officer:** You are agreeing to assist the youth and the caregiver in completing this form, and develop Planned Services that will assist the youth in meeting his/her goals. Document the Planned Services and Delivered Services in CWS/CMS. Probation officers: use manual documentation procedures.

Service goals and activities to be addressed in the plan:

Goals are individualized based on your assessment and may include examples such as:

- develop a life-long connection to a supportive adult
- graduate from high school
- obtain a part-time job
- invest savings from part-time job
- develop community connections
- obtain a scholarship to attend college
- develop competency in the life skill of \_\_\_\_\_

Activities are individualized to help meet a specific goal. Example – if high school graduation is a goal, the youth directed activity might be to attend classes regularly with no tardies for the next 6 months.

For youth participating in ILP services, activities are reportable as ILP Delivered Services in CMS. The social worker shall select from one or more of the following ILP Service Types that an individualized completed activity fits in:

- |                                      |   |
|--------------------------------------|---|
| • Received ILP Needs Assessment      | • ILP Room and Board Financial Assistance |
| • ILP Mentoring                      | • ILP Transitional Housing, THP, THP Plus |
| • ILP Education                      | • ILP Home Management                     |
| • ILP Education Post Secondary       | • ILP Time Management                     |
| • ILP Education Financial Assistance | • ILP Parenting Skills                    |
| • ILP Career/Job Guidance            | • ILP Interpersonal/Social Skills         |
| • ILP Employment/Vocational Training | • ILP Financial Assistance Other          |
| • ILP Money Management               | • ILP Transportation                      |
| • ILP Consumer Skills                | • ILP Other (Stipends/Incentives)         |
| • ILP Health Care                    |   |

- I understand that if I am employed as part of this plan, my earned income will be disregarded, as the purpose of my employment is to gain knowledge of needed work skills, habits and responsibilities to maintain employment. (WIC 11008.15)
- I understand that I can retain cash savings up to \$10,000 under this plan in an insured savings account and any withdrawal requires the written approval of my social worker/probation officer and must be used for purposes directly related to my transitional goals. (WIC 11155.5)
- I understand that I will receive assistance to obtain my personal documents and information about financial aid for postsecondary education/training. (WIC 16001.9)

### Transitional Independent Living Plan & Agreement

Youth: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Case Worker Name: \_\_\_\_\_ Case Worker Phone: \_\_\_\_\_

TILP 6-month timeline: \_\_\_\_\_ to \_\_\_\_\_. Date Independent Living Needs Assessment completed: \_\_\_\_\_

- If I have not participated in the ILP program before, I agree to participate now.
- Based on the assessment of my level of functioning, the following transitional goals and activities meet my current needs.

Goal	Activity	Responsible Parties	Planned Completion date	Progress Date
Goal #1:				<input type="checkbox"/> Met Goal Date _____ <input type="checkbox"/> Satisfactory Progress <input type="checkbox"/> Needs more time/assistance. <input type="checkbox"/> Goal needs modification.
Goal #2:				<input type="checkbox"/> Met Goal Date _____ <input type="checkbox"/> Satisfactory Progress <input type="checkbox"/> Needs more time/assistance. <input type="checkbox"/> Goal needs modification.
Goal # 3:				<input type="checkbox"/> Met Goal Date _____ <input type="checkbox"/> Satisfactory Progress <input type="checkbox"/> Needs more time/assistance. <input type="checkbox"/> Goal needs modification.
Goal #4:				<input type="checkbox"/> Met Goal Date _____ <input type="checkbox"/> Satisfactory Progress <input type="checkbox"/> Needs more time/assistance. <input type="checkbox"/> Goal needs modification.

This Agreement will be updated on: \_\_\_\_\_ Update # \_\_\_\_\_

**Signing this agreement means we will all work to complete the steps necessary to help the youth reach his/her goals.**

\_\_\_\_\_  
*Youth's signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Caregiver's signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Social Worker/Probation Officer Signature*

\_\_\_\_\_  
*Date*

# Transitional Housing Placement

## Transitional Housing Placement Plus Foster Care (THP+FC) Program

The Transitional Housing Placement Plus Foster Care (THP+FC) is a licensed placement for youth, ages 18-21 who are participating in extended foster care made available by Assembly Bill 12. THP+FC is modeled after the original THP-Plus Program, and provides housing and comprehensive supportive services. THP+FC providers are certified by county departments of social services and licensed as Transitional Housing Placement Providers by the Community Care Licensing (CCL) Division of the California Department of Social Services.

<b>Organization</b>	Aspiranet	EA Family Services	One Day, Inc.
<b>Housing Model Program</b>	Remote Site & Host Family	Single Site, Remote Site & Host Family	Remote Site
<b>Contact</b>	Alexis Peters	Jenna Bethancourt	Shannon Hagen
<b>Phone Number</b>	(916) 366-1656 Ext. 4030	(916) 913-1297	(916) 601-3561
<b>Email</b>	<a href="mailto:apeters@aspiranet.org">apeters@aspiranet.org</a>	<a href="mailto:cmorgan@ea.org">cmorgan@ea.org</a>	<a href="mailto:shannonhagen10@aol.com">shannonhagen10@aol.com</a>
<b>Website</b>	<a href="http://www.aspiranet.org">http://www.aspiranet.org</a>	<a href="http://www.ea.org">http://www.ea.org</a>	<a href="http://onedayinc.org">http://onedayinc.org</a>
Lutheran Social Services	Pacific Clinics	Children's Hope Foster Family Agency	Inner Circle: Find Your Way Home
Remote Site	Single Site & Remote Site	Remote Site & Host Family	Remote Site
Jason Sitar	Faith Jackson	Nancy Ramos	Michelle Tapp
916-390-3188	(925) 3270-9752	(530) 846-4955	(916) 505-8274
<a href="mailto:jsitar@lssnorcal.org">jsitar@lssnorcal.org</a>	<a href="mailto:fjackson@pacificclinics.org">fjackson@pacificclinics.org</a>	<a href="mailto:nramos@childrenshopeffa.org">nramos@childrenshopeffa.org</a>	<a href="mailto:mtapp@innercirclefindyourwayhome.com">mtapp@innercirclefindyourwayhome.com</a>
<a href="http://www.lssnorcal.org">http://www.lssnorcal.org</a>	<a href="https://www.pacificclinics.org/">https://www.pacificclinics.org/</a>	<a href="http://www.childrenshopeffa.org">http://www.childrenshopeffa.org</a>	<a href="http://www.innercirclefindyourwayhome.com">http://www.innercirclefindyourwayhome.com</a>

## Transitional Housing Placement Plus (THP-Plus) Program

The Transitional Housing Placement Plus (THP-Plus) Program provides up to 24 months of affordable housing and supportive services, such as case management and vocational training to youth who have exited from the foster care and juvenile probation systems, ages 18-24. In some counties, THP-Plus is available to youth enrolled in school up to age 25.

<b>Organization</b>	Next Move Homeless Services
<b>Housing Model Program</b>	Transitional Housing Program
<b>Contact</b>	Doungchai Burriss
<b>Phone Number</b>	(916) 496-0506
<b>Email</b>	<a href="mailto:DBurriss@nextmovesacramento.org">DBurriss@nextmovesacramento.org</a>

For more information contact your social worker or visit: <https://www.cdss.ca.gov/inforesources/foster-care/transitional-housing-programs>.

## FREQUENTLY ASKED QUESTIONS: Non-Minor Dependents & CalFresh

### 1) Will being in foster care disqualify an NMD from eligibility for CalFresh benefits?

**Answer:** Participating in extended foster care does not disqualify an NMD from eligibility for CalFresh benefits.<sup>1</sup> Eligibility for CalFresh benefits is made on a case by case basis and considers the individual’s earned and unearned income, including any portion of the foster care payment they receive directly; assets; household composition; the amount of rent and utility expenses; student status and other factors.

### 2) What are the income requirements for CalFresh eligibility?

**Answer:** CalFresh eligibility is based on gross and net income determination tests. Gross income is all non-excludable income from any source including both earned and unearned income. Net income is what you are left with after deductions are applied to your gross income. Income deductions are described in question 7.

The maximum gross income allowed is 200% of the Federal Poverty Level (FPL).<sup>2</sup> The maximum net income allowed is 100% of the FPL.<sup>3</sup> (For a chart showing maximum household incomes for each household size, see right-hand column). How to count any portion of a foster care payment an NMD receives is addressed in the next question.

### 3) Should an NMD count their foster care payment as income?

**Answer:** Any portion of the NMD’s foster care payment that is received *directly* by the NMD is considered unearned income and included when determining the household’s eligibility and benefit level. Any portion of the foster care payment that is not paid directly to the NMD is considered a vendor payment and therefore excluded from unearned income.<sup>4</sup> Below are some examples by placement:

- **Supervised Independent Living Placement (SILP):** An NMD’s monthly SILP payment is counted as unearned income when they receive it directly. If this payment is going directly from the county to a landlord to pay for rent, then the amount is considered a vendor payment, and is excluded from income consideration.
- **Transitional Housing Placement for Non-Minor Dependents (THP-NMD):** The monthly THP-NMD rate the provider receives per youth is *not* what is counted as income. The monthly stipend that an NMD in a THP-NMD placement receives *directly* from the provider is the amount that is counted as unearned income. While the THP-NMD rate is set and

#### WHAT IS A “NON-MINOR DEPENDENT”?

A “non-minor dependent” or “NMD” is a person who is 18, 19 or 20 years old and is participating in extended foster care (under dependency, transition, or delinquency jurisdiction). Extended foster care was established in 2010 by Assembly Bill 12, The California Fostering Connections to Success Act and was implemented starting in 2012.

#### WHAT IS CALFRESH?

**CalFresh** is California’s food stamp program, known federally as the Supplemental Nutrition Assistance Program (SNAP). CalFresh issues monthly electronic benefits that can be used to buy most foods at many markets and food stores.

**GROSS MONTHLY INCOME ELIGIBILITY STANDARDS FOR MCE/BBCE FFY22**  
(200% Federal Poverty Level)


Household Size	Gross Income
1	\$2,148
2	\$2,904
3	\$3,660
4	\$4,418
5	\$5,174
6	\$5,930
7	\$6,688
8	\$7,444
Each add'l member	+\$758

**MAXIMUM MONTHLY ALLOTMENTS FFY22**

Household Size	Maximum Allotment
1	\$250
2	\$459
3	\$658
4	\$835
5	\$992
6	\$1,190
7	\$1,316
8	\$1,504
Each add'l member	+\$188

These tables, in addition to the net income eligibility table are provided by the USDA on their [website](#), and by CDSS, as an attachment to [ACIN I-78-21](#) (COLA for 2021-22).





providers all receive the same monthly amount per youth, the amount that the providers choose to pass on *directly* to the youth varies across the state. Note that any amount that the provider pays directly to a landlord for rent (the youth does not receive this) would not be counted as a direct stipend, and therefore would be excluded from income consideration.

4) **What about parenting foster youth who receive an infant supplement to assist with the costs of caring for their child? Is this payment counted as income?**

**Answer:** The same rules apply that are described above. Any portion of the infant supplement that is received *directly* by the NMD is considered unearned income and included when determining the household's eligibility and benefit level. For NMDs in SILPs who receive the \$900 infant supplement directly, the entire \$900 is counted as unearned income. For NMDs in THP-NMD, the portion of the infant supplement the NMD receives from the provider is what is counted as unearned income. In many cases, the entire \$900 will be provided directly to the NMD, and in some cases a portion will be retained by the THP-NMD provider to assist with any costs the provider is covering for the NMD's child and a portion will be provided directly to the NMD. This is worked out between the provider and the NMD and is documented in a shared agreement.

5) **Does participation in the Transitional Housing Program-Plus (THP-Plus) for former foster youth impact CalFresh eligibility?**

**Answer:** Although youth participating in the THP-Plus program are not NMDs, the rules for counting income are the same as they are for THP-NMD. The monthly stipend that a youth participating in the THP-Plus program receives directly from the provider is the amount that is counted as unearned income.<sup>5</sup>

6) **If an NMD lives in a household where other individual(s) are already receiving CalFresh benefits can they still apply?**

**Answer:** In shared living arrangements where meals are purchased and prepared *separately*, each individual may apply for CalFresh benefits separately (i.e. THP-NMD, renting a room in a SILP). In shared living arrangements where meals are purchased and prepared *together*, the Head of Household would apply for CalFresh benefits on behalf of the entire household (i.e. Resource Family homes).

A CalFresh household has the option to include or exclude an NMD and the foster care payment when determining the household's eligibility and benefit level. The exception to this rule applies to NMDs who are a CalFresh household of one, as often the case for NMDs in SILPs or THP-NMD. (An NMD and the NMD's income cannot be excluded from a household of one as no CalFresh household would remain).<sup>6</sup>

## 7) What are income deductions, which are more common to NMDs, and how do they work?

**Answer:** The net income is computed by deducting certain allowed amounts from the gross income. Types of income deductions that are more common to NMDs are asterisked in the list of deductions below. Deduction amounts are adjusted annually by the U.S. Department of Agriculture (USDA) at the beginning of each federal fiscal year, based on changes in the cost of living. Current amounts can be found on the USDA's [website](#). The California Department of Social Services (CDSS) also releases an annual All County Information Notice (ACIN) that includes the updated amounts based on Cost-of-Living Adjustments (COLAs). See [ACIN I-78-21](#) for Federal Fiscal Year 2021-22 (FFY22) COLAs.

- **\*Standard Deduction:** All CalFresh recipients get the standard deduction. For households of 1-3 people, this deduction is \$177 for FFY22.
- **\*Earned Income Deduction:** All CalFresh recipients have an allowable deduction of 20%. This means that NMDs who are working can automatically deduct 20% of the amount they earn from wages or salaries to calculate their net income.
- **Excess Medical Deduction:** A household with at least one elderly or disabled household member with that member's non-reimbursed eligible medical expenses over \$35 can deduct \$120 for the standard medical deduction, or actual eligible medical expenses if more than \$155 per month.
- **\*Dependent Care Deduction:** Actual cost of payments necessary for dependent care if that care enables a household member to accept or continue employment or training, or education preparatory for employment. An NMD who pays for childcare when that childcare enables them to work or attend training/education preparatory for work, should deduct their childcare costs.<sup>7</sup>
- **Homeless Shelter Deduction:** Available to homeless households who are not receiving free shelter for the entire month. If this deduction is applied, the household cannot use the Standard Utility Allowance. Shelter costs do not have to be verified, however if the household can verify higher shelter costs than the current FFY22 allowance of \$159.73, they can claim a higher amount.
- **\*Excess Shelter Deduction:** When monthly shelter costs are in excess of 50% of the household's income after all other applicable deductions have been allowed, they are eligible for the Excess Shelter Deduction which has a maximum of \$597 for FFY22. However, for homeless households, if actual verified homeless shelter costs are higher than the Homeless Shelter Deduction, the actual cost may be used as a housing cost instead of a homeless shelter deduction, and utility costs may be claimed.
- **\*Standard Utility Allowance:** When heating or cooling costs are separate from the rent payment, the household is eligible for this deduction. An NMD who pays their heating or cooling bill *separate* from their rent payment (i.e. making payments directly to the utility company) is allowed the Standard Utility Allowance which is \$487 for FFY22.
- **\*Limited Utility Allowance:** When a household is not eligible for the Standard Utility Allowance but incurs expenses for at least two separate types of utilities other than heating or cooling (i.e. telephone, water, sewerage or garbage/trash removal), they are eligible for the Limited Utility Allowance which is \$144 for FFY22.

- **Telephone Utility Allowance:** When a household is not eligible for the Standard Utility Allowance or the Limited Utility Allowance, but incurs telephone costs, they are eligible for the Telephone Utility Allowance which is \$19 for FFY22.

**8) Are there any types of income that aren't counted when considering CalFresh eligibility?**

**Answer:** Yes, there are certain types of income that are not counted when calculating gross or net income. They are listed below:

- In-kind benefits (any gain or benefit that is not in the form of money – i.e. meals,\* clothing, housing provided by employer, etc.)
- Vendor payments (money paid to third party for a household expense by a person or organization outside of the household)
- Deferred educational loans
- Grants and scholarships
- Credit card company gift cards (i.e. American Express, MasterCard, Visa, etc.) if the gift card cannot be reasonably anticipated by the CalFresh recipient; and any establishment-specific gift cards (i.e. specific grocery stores, gas stations, retail stores, etc.)<sup>8</sup>
- Cash donations from a charitable organization of not more than \$300 in a calendar quarter
- Income received too infrequently/irregularly to be reasonably anticipated but not more than \$30 in a quarter<sup>9</sup>

\*The exception to this rule is that those who live in an institution and receive half of their meals or more by the institution are ineligible for CalFresh benefits. This includes college students who reside in dormitories.<sup>10</sup>

**9) What if an NMD in a THP-NMD program or a former foster youth in a THP-Plus program receives a gift card from their housing provider on a monthly basis? Is this counted as income?**

**Answer:** If the housing provider gives the NMD or former foster youth a gift card instead of cash as a stipend, the gift card is only counted as income when determining a household's eligibility or benefit level if it is a credit card company prepaid gift card (i.e. American Express, MasterCard, Visa, etc.), and the gift card can be reasonably anticipated by the youth. If the credit company gift card cannot be reasonably anticipated, it is counted as a resource. Establishment-specific gift cards (i.e. specific grocery stores, gas stations, retail stores, etc.) are excluded as income and resources when determining a household's eligibility or benefit level.<sup>11</sup>

**10) Should an NMD include "under the table" income they earn on their CalFresh application?**

**Answer:** Yes, all income must be reported at application. After benefits are initiated, most CalFresh households are issued an Income Reporting Threshold (IRT), which if exceeded, requires the household to report the income to the county. As long as earned income, cash or otherwise, is under this threshold it need not be reported.

## 11) Does being a student impact an NMD's eligibility for CalFresh?

**Answer:** Yes. Students enrolled at least half-time in institutions of higher education who are age 18 through 49 and are physically and mentally fit for employment are not eligible for CalFresh, unless they meet certain criteria or are exempt from the requirement.<sup>12</sup>

**Below are the most relevant exemption criteria for both NMDs and former foster youth. If a student meets any of the following criteria, they are not excluded from eligibility for CalFresh based on their student status:**

- Employed for a minimum of 20 hours per week or 80 hours per month and be paid for such employment.
- Approved for federally financed work study for the current term and anticipate working during term.
- A parent under any of the following conditions:
  - A parent with a dependent child under age 6;
  - A parent with a dependent child age 6-12 and for whom lack of adequate child care prevents from attending class and working 20 hours per week or participating in work study; or
  - Enrolled full-time in a higher education institution and a single parent with a dependent child under age 12.
- Receiving a Cal Grant A or B, unmarried, 25 years or younger, and income of less than \$50K/year. (NOTE: The Cal Grant B Access and Cal Grant C do not qualify a student for the exemption. Cal Grants A and B are Temporary Assistance for Needy Families (TANF)-funded programs which is an exemption category).<sup>13</sup>
- Participating in a government-funded local program that increases employability, such as Workforce Innovation and Opportunity Act (WIOA) programs. (NOTE: The process for approving campus-based and foster youth programs as "Local Programs that Increase Employability" is changing—all programs must be reassessed except WIOA programs. The UCs, CSUs and community colleges will be submitting a comprehensive list of campus-based programs by September 1, 2022. The current list is located on the [CalFresh Resource Center Policy Page](#). The new process for assessing non-campus-based programs such as Extended Foster Care has not yet been communicated. For more information, see [ACL 22-46](#)).
- Those who are physically or mentally unfit for employment.
- High school students.
- Those enrolled in higher education institutions less than half time as defined by the institution.
- Those enrolled in schools and training programs which are not institutions of higher education.

**NOTE TEMPORARY COVID-RELATED CHANGES TO STUDENT ELIGIBILITY:** Students are temporarily exempted from the student restriction if they are eligible for state or federally financed work study, as determined by the campus financial aid office or have an Expected Family Contribution of \$0 on the FAFSA. These changes will remain in effect until the first recertification of a household beginning no earlier than 30 days after the COVID-19 public health emergency is lifted. For more information refer to [ACL 21-11](#).

**12) Are grants and scholarships counted as income when applying for CalFresh?**

**Answer:** No. Grants and scholarships are considered exempt income.<sup>14</sup> They should not be included on the CalFresh application as income.

**13) What amount of CalFresh benefits will NMDs likely qualify for? How might this differ for parenting NMDs?**

**Answer:** The amount of CalFresh benefits a household gets depends on how many people are in the household and how much monthly net income remains after taking allowable deductions. The county welfare department takes the maximum amount of CalFresh benefits a household can get for the number of people in the household, and then deducts 30% of the household's net income. This means that for every \$10 of net income the household has, the CalFresh office will reduce the CalFresh allotment by \$3.

For FFY 2022 (October 1, 2021 through September 30, 2022) the maximum monthly allotment for a two-person household in California is \$459. Maximum allotments are adjusted by the USDA at the beginning of each federal fiscal year, based on changes in the [cost of living](#). A chart that shows the maximum monthly allotments by household size for the current federal fiscal year is included in the right-hand column on page 1. CDSS also includes this information in their annual ACIN that includes updated COLAs. See [ACIN I-78-21](#) for FFY22 COLAs.

**14) If an NMD is also receiving Supplemental Security Income or State Supplemental Program payments (SSI/SSP), does this affect their eligibility for CalFresh?**

**Answer:** No. As of June 1, 2019, individuals receiving SSI or SSP are eligible for CalFresh, provided all other eligibility criteria are satisfied.<sup>15</sup>

**15) How do you go about applying for CalFresh?**

**Answer:** Download an application at <http://www.cdss.ca.gov/cdssweb/entres/forms/English/CF285.pdf>, fill it out, and submit it to the local County Welfare Department, or complete it online at <http://www.benefitscal.org/>. The applicant(s) will be required to have an interview with the County to discuss the application, most likely done over the phone. The applicant(s) will be asked for proof of income, expenses, and other circumstances to see if they are eligible. A list of proof needed to get benefits is included on the online application. The County will send a letter to let a household know if it is approved or denied CalFresh benefits within 30 days.<sup>16</sup>

**16) Where can CalFresh benefits be used to buy food, and what can be purchased?**

**Answer:** CalFresh benefits can be used to buy almost all foods, as well as seeds and plants to grow food. Alcohol, tobacco, pet food, food that will be eaten in the store, hot foods, or anything that is not food (like toothpaste, soap, or paper towels) cannot be purchased with CalFresh benefits.<sup>17</sup>

CalFresh benefits can be used to purchase food at grocery stores, farmers' markets, and even some flea markets. They cannot be used to purchase foods online.

# COVERED 26

**New Law Gives  
Former Foster Youth  
FREE Health Care  
until Age 26!**



Thanks to the Affordable Care Act, you get FREE Medi-Cal coverage in California if you were in foster care in any state on your 18th birthday or later.

Be sure to say you are a former foster youth when you go to sign up!

## Do I Qualify?

- Were you in foster care in ANY state on your 18th birthday or later?
- Do you live in California now?
- And are you younger than 26?

**Then, YES, you qualify! Sign up today!**

## How can you sign up?

Contact your county social services office. Most counties have a specific phone number, staff, or office to help former foster youth enroll. You can apply using a 1-page application.

To find out the best way to sign up in your county, visit:  
<http://coveredtil26.childrennow.org/how-to-sign-up>

\*If you leave foster care after January 1, 2014, you do not need to sign up. Your Medi-Cal will automatically continue until age 26.

## What's covered?

Medical care, vision exams, substance abuse treatment, mental health services and counseling, and dental care.

## Having trouble signing up?

### Have more questions?

Visit [www.coveredtil26.org](http://www.coveredtil26.org) or email [coveredtil26@childrennow.org](mailto:coveredtil26@childrennow.org)

## BE SURE TO YES

WERE YOU IN FOSTER CARE IN ANY STATE ON YOUR 18<sup>TH</sup> BIRTHDAY OR LATER?

YES

NO

## 3 reasons you should sign up for Medi-Cal for former foster youth:

- 1 It's FREE:** You pay \$0 for health care. You get to save your money for school, rent, food, and other things you need.
- 2 No new application to fill out each year:** You sign up for Medi-Cal one time and stay covered until your 26th birthday.
- 3 More choices:** You can go to any doctor, clinic, therapist, or hospital that takes Medi-Cal.



**WWW.COVEREDTIL26.ORG | CHILDREN NOW**

Funded by a grant from The California Wellness Foundation.

# Disability

Program Name	Number	Address	Website
Alta Regional	916) 978-6400	2241 Harvard Street, Suite 100 Sacramento, CA 95815	<a href="https://www.altaregional.org">https://www.altaregional.org</a>
Disability Rights California	(800) 776-5746 (STATE) (916) 504-5800 (LOCAL)	1831 K Street Sacramento, CA 95811	<a href="https://www.disabilityrightsca.org">https://www.disabilityrightsca.org</a>
Warmline Family Resource Center	(916) 455-9500 or (844) 455-9517	2424 Castro Way, Sacramento CA 95818	<a href="http://www.warmlinefrc.org">http://www.warmlinefrc.org</a>

# Domestic Violence

Program Name	Number	Address	Website
National Domestic Violence Hotline	(800) 799-7233 or Text "START" to 88788	n/a	<a href="https://www.thehotline.org">https://www.thehotline.org</a>
WEAVE, Inc.	Support Line: (916) 920-2952 Business Line: (916) 448-2321	1900 K Street, #200 Sacramento, CA 95811	<a href="https://www.weaveinc.org/">https://www.weaveinc.org/</a>

## Expecting Parenting Youth

Program Name	Number	Address	Website
UC Davis CAARE Center	(916) 734-8396 To make a referral contact: ACCESS Team (916) 875-1055	3671 Business Drive Sacramento, CA 95820	<a href="https://health.ucdavis.edu/children/clinical_services/CAARE/index.html">https://health.ucdavis.edu/children/clinical_services/CAARE/index.html</a>
Sacramento County African American Perinatal Health Program	(916) 875-BABY	9616 Micron Avenue, Suite 670 Sacramento, CA 95827	<a href="https://dhs.sacounty.net/PUB/Pages/African-American-Perinatal-Health-Program/SP-African-American-Perinatal-Health-Program.aspx">https://dhs.sacounty.net/PUB/Pages/African-American-Perinatal-Health-Program/SP-African-American-Perinatal-Health-Program.aspx</a>
Nurse-Family Partnership	(844) 637-6667	n/a	<a href="https://www.nursefamilypartnership.org/nfp-moms/">https://www.nursefamilypartnership.org/nfp-moms/</a> Email: <a href="mailto:hooksl@sacounty.net">hooksl@sacounty.net</a>

## Family and Community Resource Centers

Program Name	Number	Address	Website
Fruitridge/Stockton (The Hub)	n/a	4625 44th Street, Suite 10 Sacramento, CA 95820	<a href="http://www.sacbh.org">http://www.sacbh.org</a>
Greater Sacramento Urban League Oak Park	Youth & Families Center: (916) 732-3699 Empowerment Center: (916) 228-8600	3725 Marysville Boulevard Sacramento, CA 95838	<a href="http://www.gsul.org/">http://www.gsul.org/</a>
Johnston Community Center	(916) 566-6442	231 Eleanor Avenue Sacramento, CA 95815	n/a



# Family and Community Resource Centers

Program Name	Number	Address	Website
La Familia Counseling FRC	(916) 452-3601	5523 34th Street Sacramento, CA 95820	<a href="https://www.birth-beyondfrc.com/about-us">https://www.birth-beyondfrc.com/about-us</a>
Liberty Towers/Impact Sac	(916) 807-4903 or (916) 900-6707	5132 Elkhorn Boulevard Sacramento, CA 95842  Inside of Guide Real Estate 1610 R Street, #280 Sacramento, CA 95811	<a href="https://www.impactscac.org">https://www.impactscac.org</a> Social Media: Instagram & Facebook @ Impact Sac  <a href="https://www.libertytowers.org">https://www.libertytowers.org</a>
Meadoview Family Resource Center	(916) 394-6300	2251 Florin Road, Suite 158 Sacramento, CA 95822	<a href="https://www.birth-beyondfrc.com/about-us">https://www.birth-beyondfrc.com/about-us</a>
Mutual Assistance Network - Arcade Community Center	(916) 514-8096	2427 Marconi Avenue, Suite 101 Sacramento, CA 95821	<a href="https://www.mutualassistance.org">https://www.mutualassistance.org</a>
Mutual Assistance Network - Del Paso Heights/Main Office	(916) 927-7694	811 Grand Avenue, Suite #A3 Sacramento, CA 95838	<a href="https://www.mutualassistance.org">https://www.mutualassistance.org</a>
Mutual Assistance Network - Firehouse Community Center	(916) 567-9567	810 Grand Avenue Sacramento, CA 95838	<a href="https://www.mutualassistance.org">https://www.mutualassistance.org</a>
Mutual Assistance Network - Robertson Community Center	(916) 696-6689	3535 Norwood Avenue Sacramento, CA 95838	<a href="https://www.mutualassistance.org">https://www.mutualassistance.org</a>
North Sacramento Family Resource Center	(916) 679-3743	2649 Rio Linda Boulevard, Suite B Sacramento, CA 95815	<a href="https://northsacfrc.org/">https://northsacfrc.org/</a>
River Oak FRC	(916) 226-2725	4322 4th Avenue Sacramento, CA 95817	<a href="https://www.birth-beyondfrc.com/about-us">https://www.birth-beyondfrc.com/about-us</a>
Roberts Family Development Center	(916) 646-6631	770 Darina Avenue Sacramento, CA 95815	<a href="https://www.robertsfdc.com">https://www.robertsfdc.com</a>
Sacramento LGBT Community Center	(916) 442-0185	1015 20th Street Sacramento, CA 95811	<a href="https://saccenter.org/">https://saccenter.org/</a>
South Sacramento Christian Center Valley Hi	(916) 681-6791	7710 Stockton Boulevard Sacramento, CA 95823	<a href="https://blackchildlegacy.org/neighborhoods/valley-high/">https://blackchildlegacy.org/neighborhoods/valley-high/</a>
Valley Hi Family Resource Center	(916) 290-8281	7000 Franklin Boulevard, Suite 820 Sacramento, CA 95823	<a href="https://www.birth-beyondfrc.com/about-us">https://www.birth-beyondfrc.com/about-us</a>

## Food

Program Name	Number	Address	Website
Elk Grove Food Bank	(916) 685-8453	9888 Kent Street Elk Grove, CA 95624	<a href="https://elkgrovefoodbank.org/">https://elkgrovefoodbank.org/</a>
Produce for ALL	Varies	Varies including: Encina High School 1400 Bell Street Sacramento, CA 95825  Christian Brothers High School 4315 Martin Luther King Jr. Boulevard Sacramento, CA 95820	<a href="https://www.sacramentofoodbank.org/">https://www.sacramentofoodbank.org/</a>
River City Food Bank	(916) 446-2627	1800 28th Street Sacramento, CA 95816	<a href="https://rivercityfoodbank.org/">https://rivercityfoodbank.org/</a>
Sacramento Food Bank	(916) 456-1980	1951 Bell Avenue Sacramento, CA 95838	<a href="https://www.sacramentofoodbank.org/">https://www.sacramentofoodbank.org/</a>

## Homeless

Program Name	Number	Address	Website
Family Promise	(916) 443-3107	n/a	<a href="https://www.familypromisesacramento.org/">https://www.familypromisesacramento.org/</a>
Family Shelter Program (Next Move)	(916) 454-2120	Administration Office 8001 Folsom Boulevard Sacramento, CA 95826	<a href="https://www.nextmovesacramento.org/family_shelter/">https://www.nextmovesacramento.org/family_shelter/</a>
Loaves and Fishes	(916) 446-0874	1351 North C Street Sacramento, CA 95811	<a href="https://sacloaves.org/">https://sacloaves.org/</a>
Meadowview Navigation Center	Main Line: (916) 917-3202	2700 Meadowview Road Sacramento, CA 95832	Email: <a href="mailto:meadowview@sacstepsforward.org">meadowview@sacstepsforward.org</a>
North A Street Shelter	(916) 822-4900	1400 North A Street, Building A Sacramento, CA 95811	<a href="https://www.firststepcommunities.org/">https://www.firststepcommunities.org/</a>
Open Arms	(916) 451-1765	n/a	<a href="https://www.voa-ncnn.org">https://www.voa-ncnn.org</a>
Sacramento Safe Space	n/a	The Annex at St. Paul's Episcopal Church 1430 J Street Sacramento, CA 95814	<a href="https://www.engage.us.org/sac-safe-space">https://www.engage.us.org/sac-safe-space</a>
Saint John's Program for Real Change	(916) 453-1482	4110 Power Inn Road Sacramento, CA 95826	<a href="https://saintjohnsprogram.org">https://saintjohnsprogram.org</a>
Sister Nora's Place	(916) 669-7000	1321 North C Street Sacramento, CA 95811	n/a
Union Gospel Mission	(916) 447-3268	400 Bannon Street Sacramento, CA 95811	<a href="https://ugmsac.com/">https://ugmsac.com/</a>
Volunteers of America Family Shelter	(916) 265-3400	3434 Marconi Avenue Sacramento, CA 95821	<a href="https://www.voa-ncnn.org/family-shelter">https://www.voa-ncnn.org/family-shelter</a>
Wind Youth Services	(916) 504-3313	815 S Street Sacramento, CA 95811	<a href="https://www.windyouth.org/">https://www.windyouth.org/</a>

# Human Trafficking

Program Name	Number	Address	Website
Community Against Sexual Harm	(916) 856-2900	Oak Park Neighborhood Sacramento	<a href="https://cashesacramento.org">https://cashesacramento.org</a>
My Sister's House	Business Line: (916) 930-0626 24hr. Support Line: (916) 428-3271	3053 Freeport Boulevard, #120 Sacramento, CA 95818	<a href="http://www.my-sisters-house.org">http://www.my-sisters-house.org</a>
National Human Trafficking 24-Hr. Hotline	(888) 373-7888 or text HELP or INFO to 233-733	n/a	<a href="https://humantraffickinghotline.org/">https://humantraffickinghotline.org/</a>
The Human-Trafficking Outreach, Prevention and Education (H.O.P.E.) Program	(916) 482-0120	2020 Hurley Way, Suite 420 Sacramento, CA 95825	<a href="https://www.rescue.org/announcement/hope-program-sacramento">https://www.rescue.org/announcement/hope-program-sacramento</a>
WEAVE, Inc.	Business Line: (916) 448-2321 Support Line: (916) 920-2952	1900 K Street, #200 Sacramento, CA 95811	<a href="https://www.weaveinc.org/sex-trafficking-0">https://www.weaveinc.org/sex-trafficking-0</a>

# Legal Services and Advocacy

Program Name	Number	Address	Website
California Foster Care Ombudsperson	(877) 846-1602	n/a	<a href="https://fosteryouthhelp.ca.gov/">https://fosteryouthhelp.ca.gov/</a> Email: <a href="mailto:fosteryouthhelp@dss.ca.gov">fosteryouthhelp@dss.ca.gov</a>
Children's Law Center	(916) 520-2000	8950 Cal Center Drive, Suite 245 Sacramento, CA 95826	<a href="https://www.clccal.org/">https://www.clccal.org/</a>
Court Appointed Special Services Advocates (CASA)	(916) 875-6460	Sacramento CASA Program, Inc. P.O. Box 278383 Sacramento, CA 95827-8383	<a href="https://sacramentocasa.org/">https://sacramentocasa.org/</a>

# Mental Health

Program Name	Number	Address	Website
Family Urgent Response System (FURS)	(833) 939-FURS (833) 939-3877 Call or text	n/a	<a href="https://www.cal-furs.org/">https://www.cal-furs.org/</a>
Gender Health Center	(916) 455-2391	3823 V Street Sacramento, CA 95817	<a href="https://www.thegenderhealthcenter.org">https://www.thegenderhealthcenter.org</a>
Sacramento County Mental Health Treatment Center	(916) 875-1000	2150 Stockton Blvd. Sacramento, CA 95817	n/a
The Stay	(916) 890-3000 or Dial: 711	n/a	<a href="https://www.starsinc.com/sac-crp/">https://www.starsinc.com/sac-crp/</a>
The Source	(916) SUPPORT (916) 787-7678 Call or text	n/a	<a href="https://thesourcesacramento.com/">https://thesourcesacramento.com/</a>
Youth Help Network (YHN)	Warmline: (833) 333-2YHN (833) 333-2946 Text Line: (916) 860-9819	n/a	<a href="http://starsyouth.net/">http://starsyouth.net/</a>



# What is Foster Care?

Foster care is a system by which adults care for minor children who are not able to live with their biological parents. When parents are unable, unwilling or unfit to care for a child, the child must find a new home. In some cases, there is little or no chance a child can return to their parents' custody, so they need a new permanent home. In other situations, children only need a temporary home until their parents' situation changes. In any case, the children need somewhere to stay until a permanent home is possible. Foster care is intended to be a temporary living situation for children. The goal of foster care is to reunify with their parent or guardian or find another suitable permanent living arrangement. This may include an adoptive home, guardianship or placement with a relative. At times, the bond that develops during foster care will lead to the foster parents adopting the child. In some instances, children may be placed in a long-term foster placement. For older adolescents, a foster care program may offer education and resources to prepare for a transition to independent living.

In the United States, the predominant form of foster care is still ordinary people serving as foster parents. Foster home licensing requirements vary from state to state but are generally overseen by the state's Department of "Social Services" or "Human Services." Requirements to be a foster parent vary by jurisdiction, as do monetary reimbursement and other benefits which they receive. In some states, foster parents may be single or a couple, younger or older adults, with or without biological children in their home. Often, "empty nesters" whose children have grown up and left the home may choose to take in foster children. While foster parents are encouraged to connect emotionally with the children in their care, foster families are not meant to be permanent replacements for biological families. Except in unusual and extreme circumstances, every child's plan is first focused on reunification with parents. If the efforts toward reunification are not successful, the plan may be changed to another permanent arrangement, such as adoption or transfer of custody to a relative. Occasionally, the plan involves a permanent placement with a foster family, usually for older children who have become strongly attached to the family or for whom a suitable adoptive home cannot be found. Placement in foster care may be as short as a few days or as long as a few years. Failing family reunification, the ultimate goal is to find adoptive parents who will take on all the emotional and legal responsibilities of birth parents. In the eyes of the law, adopting a child is pretty much the same thing as giving birth to them. Fostering a child, on the other hand, does not give the foster parents any major authority over the child's life. On occasion, foster parents will eventually adopt foster children in their care, but more often, the foster home is a means of returning the child to his or her birth parents or a stop on the way to another home. Unfortunately, many children end up bouncing from foster home to foster home, never finding a permanent family. In this regard, the foster care system is clearly imperfect, since it often adds more instability to a child's life.

**See more at**

<https://www.fosterclub.com>.

# Local Contacts

## Foster Youth Services Coordinating Program

**Phone:**

(916) 228-2419

**Website:**

<https://www.scoe.net/fys>

**Physical Address:**

10474 Mather  
Boulevard  
Mather, CA 95655

**Mailing Address:**

P.O. Box 269003  
Sacramento, CA 95826

<b>Foster Youth Success Initiative Liaisons</b>	Contact: _____ Phone: _____ Email: _____ Website: _____
<b>EOP/EOPS Contacts</b>	Contact: _____ Phone: _____ Email: _____ Website: _____
<b>College Support Programs</b> (Renaissance Scholars, Guardian Scholars)	Contact: _____ Phone: _____ Email: _____ Website: _____
<b>Academic Counseling</b>	Contact: _____ Phone: _____ Email: _____ Website: _____
<b>Disabled Students Programs and Services</b>	Contact: _____ Phone: _____ Email: _____ Website: _____
<b>College Preparation Programs</b> (such as TRIO, etc.)	Contact: _____ Phone: _____ Email: _____ Website: _____
<b>Other</b>	Contact: _____ Phone: _____ Email: _____ Website: _____





Notes

Series of horizontal lines for taking notes.